VANCOUVER metro®

Golden tribute

Slopestyle skiing gold medallist Dara Howell, right, has dedicated her winning run to Whistler's Sarah Burke, a freestyle pioneer who died in 2012 while training STORY, PAGE 24

MIKE EHRMANN/GETTY IMAGES

WHAT TO WATCH IN SOCHI

- **4:30 a.m.** The rivalry continues as Canada meets the U.S. to wrap up round-robin play in women's hockey. A matchup usually reserved for the finals this time decides the winner of Group A.
- **7:45 a.m.** Meagan Duhamel and Eric Radford will go for their second medal of the Games in the pairs free skate. They're in fifth after the short program, just three points back of a podium spot.

GREG DOWNS/FOR METRO

RoboCop tries hand at robo clairvoyance

The original 1987 movie was set in a crime-ridden and financially bankrupt Detroit. Now where have we heard that before ...? PAGE 16

That'll be $5. Wait, you're Canadian? $8

Six things to know about the federal budget, including plans to go after companies that charge higher prices up north without reason PAGE 8

What's #yoursomeday?

Tell us at **rbc.com/yoursomeday** for a chance to **WIN*** **$25,000**

PREMIER NATIONAL PARTNER

*No purchase necessary. Contest runs from 01/27/14 to 03/17/14. Correct answer to skill testing question required. Odds of winning depend on the number of eligible entries received. Prize(s) consist of two $25,000 cash prizes. For complete contest rules go to rbc.com/yoursomeday. ® / ™ Trademark(s) of Royal Bank of Canada.

Get away faster with 1.5x Aeroplan Miles.

Get started with a Welcome Bonus[1] of 15,000 Aeroplan Miles.

aeroplan

Now you're flying with the new TD® Aeroplan® *Visa Infinite** Card.

With our new Travel Credit Card, every dollar you spend on gas, grocery and drugstore purchases gets you 1.5x miles[2]. And now use fewer miles to get there even faster with Market Fare Flight Rewards. With these and other new Aeroplan benefits[3], now you're really flying!

Learn more at a branch or at td.com/aeroplan

TD **Banking can be this comfortable.**

[1] Welcome Bonus Aeroplan Miles ("Welcome Bonus Miles") will be awarded to the Aeroplan Member Account associated with the TD Aeroplan Credit Card Account ("Account") only after the first Purchase is made on the Account. If you have opened an Account in the last 6 months, you will not be eligible for this offer. We reserve the right to limit the number of Accounts opened by and the number of Welcome Bonus Miles awarded to any one person. Please allow 2-3 weeks after your first Purchase is posted to the Account for the Welcome Bonus Miles to be credited to your Aeroplan Member Account. Offer may be changed, withdrawn or extended at any time and cannot be combined with any other offer. [2] For details on the number of Aeroplan Miles earned on Purchases made with your TD Aeroplan Credit Card, please see the Aeroplan Terms for TD Aeroplan Cards section in your TD Aeroplan Cardholder Agreement for details. TD Aeroplan Cardholder Agreements are available at td.com/aeroplan. [3] For complete information on the Aeroplan Program including any new features, please see the Aeroplan Program terms and conditions available at aeroplan.com. The Toronto-Dominion Bank and its affiliates are not responsible for the Aeroplan Program. ®Aeroplan is a registered trade-mark of Aimia Canada Inc. ®The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.

Campus safety

UBC recommends cams, mobile app in response to sexual assaults

A string of sexual assaults at the University of British Columbia has led to recommendations to improve safety at the Vancouver campus.

Extra surveillance cameras at entry and exit points, a communication plan between campus security and University RCMP and a mobile phone application for personal safety are all ideas to boost safety at the 1,000-acre campus on the city's western edge, according to an interim report from UBC's Campus Safety Working Group.

The group was created in the winter of 2013 in response to six sexual assaults on women between April and October. Police believe the same man, who remains at large, is responsible for all six attacks.

The sex assaults attracted enormous attention months after the university made headlines for frosh week chants that promoted sexual assault against minors.

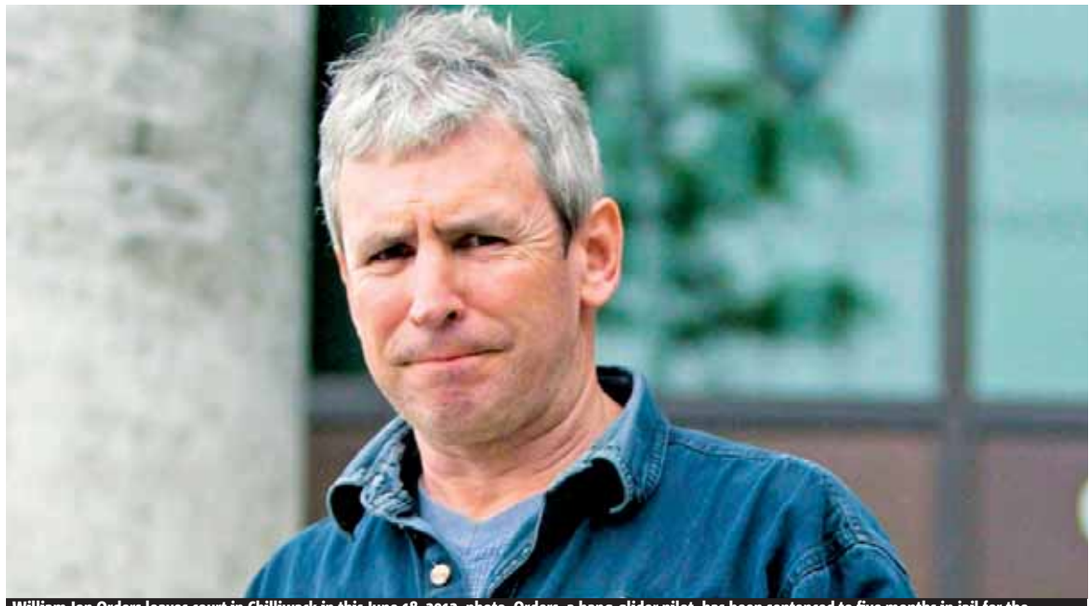
Some criticized UBC for having a rape culture and said the university's advice to not walk alone blamed the women.

Meantime, many students were afraid for their safety.

The group, made up of faculty, security and students, aimed to develop a safety plan that took into account these criticisms.

Community members can give feedback on the report until Feb. 25.

EMILY JACKSON/METRO



William Jon Orders leaves court in Chilliwack in this June 18, 2012, photo. Orders, a hang-glider pilot, has been sentenced to five months in jail for the death of a 28-year-old passenger who fell 300 metres. JONATHAN HAYWARD/THE CANADIAN PRESS

Hang-glider pilot gets five months

Deadly fall. William Jon Orders' passenger was killed in tandem accident

A veteran B.C. hang-glider pilot sentenced to jail after his passenger plummeted 300 metres to her death should never have missed several fundamental steps during a pre-launch safety check, a judge said Tuesday.

William Jon Orders, 51, received a five-month jail sentence for criminal negligence causing death.

Lenami Godinez-Avila, 28, died on April 28, 2012, after she fell during a tandem flight across B.C.'s Fraser Valley.

The court heard Orders didn't hook Godinez-Avila to the glider and also failed to conduct several tasks during a required safety check before launching. After he landed, he swallowed a memory card containing video of the incident.

Had Orders performed those safety checks, Godinez-Avila's family would have been spared the heartbreak they now endure, said B.C. Supreme Court Judge Brian Joyce.

"I do not accept the suggestion made … that what occurred here was merely a momentary loss of attention," Joyce told the court.

"There is a clearly established procedure that is to be followed in conducting a tandem hang-gliding flight.… Mr. Orders failed to do all of these things."

Godinez-Avila was from Mexico and had lived in Canada for 10 years. She was working for B.C.'s Environment Ministry while studying at the University of British Columbia. The hang-gliding adventure was meant to be a celebration of Godinez-Avila's anniversary with her boyfriend.

Her father, Miguel Godinez, who was in court to watch the proceedings, said the sentence didn't go far enough.

"I think it was a very light sentence," he told reporters outside the courthouse in Chilliwack.

"I don't think any father in the world — any parent — would stand for this situation." THE CANADIAN PRESS

EARN YOUR MASTER'S DEGREE IN VANCOUVER, CANADA FROM A GLOBAL INSTITUTION

Programs Offered:

• Master of Business Administration • M.B.A. with concentration in Finance • M.B.A. with concentration in Tourism
• Master of Science in Information, Network, and Computer Security

For details, call: 888.749.7871

NYIT, 701 W. Georgia St.17th floor, Vancouver

NYIT
NEW YORK INSTITUTE OF TECHNOLOGY
WE'RE OUT THERE. JOIN US.

Tim Jones honoured with tax credit for rescue volunteers

Economic Action Plan. Measure included in federal budget comes as surprise to North Shore Rescue staff

KATE WEBB
kate.webb@metronews.ca

The federal government honoured late North Shore Rescue leader Tim Jones in its budget on Tuesday by introducing a new tax credit for search-and-rescue volunteers across the country.

Finance Minister Jim Flaherty mentioned Jones by name while introducing the credit, which is expected to save volunteers $450 a year.

"Our government respects the brave men and women who put their lives at risk, like Tim Jones of British Columbia, who died on Jan. 19 this year after 26 years with the North Shore Rescue Team," he said.

"Economic Action Plan 2014 introduces the search-and-rescue volunteers' tax credit. Eligible ground, air and marine search-and-rescue workers will be able to claim a 15 per cent tax credit. They must perform 200 or more hours of volunteer search-and-rescue service to qualify."

The credit only applies to an amount of $3,000 annually. It will reduce federal revenues by an estimated $1 million this year and by $4 million in each of the next two years.

Flaherty thanked Conservative Prince George-Peace River MP Bob Zimmer for bringing the idea forward.

Jones, who led the country's busiest search-and-rescue team until the day he died, was a vocal advocate for more public funding for Canada's complex patchwork of rescue teams. He died of a heart attack while walking down Mount Seymour after an avalanche training session.

North Shore Rescue spokesman Doug Pope told Metro that the news from Ottawa caught him and his colleagues off guard.

"We were pleasantly surprised by the budget speech today," he said.

"It doesn't pay the search-and-rescue infrastructure costs that Tim was advocating for, but we see it as a positive first step. The average volunteer obviously doesn't get paid for their work on an hourly basis, and also has incidental expenses of equipment and travel and transportation for training, so this would go toward offsetting that."

The tax credit is applicable beginning with the last fiscal year.

Follow Kate Webb on Twitter @MetroK8

North Shore Rescue volunteers wait for a chopper in this 2013 file photo. COURTESY NORTH SHORE RESCUE

Liberals' LNG aspirations out of this world

B.C. Lt.-Gov. Judith Guichon, right, and Premier Christy Clark wave from the steps of the legislature before the throne speech on Tuesday in Victoria. CHAD HIPOLITO/THE CANADIAN PRESS

Premier Christy Clark's latest throne speech compares her government's pursuit of liquefied natural gas to the almost unbelievable race to land astronauts on the moon in the 1960s, but her critics dismissed the plans as spaced out.

Clark's throne speech, marking the return to the legislature Tuesday after a seven-month break, cast liquefied natural gas as a generational opportunity that must be seized, echoing a message the premier has repeated many times over for more than a year.

Clark warned it will be a challenge to develop the industry, much the same as the space race was more than 50 years ago.

The throne speech offered a slightly revised quote from former U.S. president John F. Kennedy, who made the case for the moon landing in a famous speech.

"We choose to do this not because it will be easy, but because it is hard," said Lt.-Gov. Judith Guichon as she read the speech.

"Because it will serve to organize and measure the best of our energies and skills, because that challenge is one we are willing to accept, one we are unwilling to postpone, and one which we intend to win."

Details to come

Clark said the Liberals will lay out their LNG framework this year. That will include tax policies, First Nations benefits and environmental measures designed to make the industry the cleanest in the world, she said, though the throne speech included no details.

Guichon said Kennedy's space-race challenge was made during a prosperous time when the U.S. government could afford space exploration.

In contrast, she said today's economic times are much leaner.

"The central challenge facing that generation was different — they lived in a period of incredible growth," said Guichon.

"They could afford to go to the moon. The challenge facing our generation may be less dramatic. But it is no less important."

THE CANADIAN PRESS

Rankings

Scenic Vancouver marathon earns nod from Forbes

Snow-capped mountain views, cherry-blossom trees and a route along the shoreline earned the BMO Vancouver Marathon a spot among Forbes' 2014 Top 10 marathons in the world worth travelling for.

"Why run through the ho-hum streets of your hometown when you can race through stunning scenery in a far-flung locale?" Forbes wrote to introduce the list, which includes the prestigious Boston Marathon and the Great Wall Marathon.

Runners participate in the 2013 BMO Vancouver Marathon. EMILY JACKSON/METRO FILE

This is the second time the honour has been bestowed upon Hollywood North's 42.2-kilometre route, which also got the nod from the leading travel guide in 2012 when the course was redesigned.

"Being ranked one of the most scenic marathons and premier destinations for 2014 encapsulates our vision of being one of the top marathons in the world," said a statement from Charlene Krepiakevich, executive director of the non-profit that runs the marathon, the Vancouver International Marathon Society.

The BMO Vancouver Marathon is one of the largest in Canada, with spots for 5,000 marathon runners, 10,000 half-marathoners, 2,000 eight-kilometre runners and a kids' fun run.

This is the 43rd year for the marathon and the 25th for the half-marathon, both of which take place May 4.

EMILY JACKSON/METRO

Hold the road, rain or snow.

Cold-weather Wheel & Tire Packages on sale now.
Receive a $120 Mercedes-Benz Gift Card with purchase.

4 WINTER TIRES + 4 WHEELS
INSTALLED, STARTING FROM

$2,395[**]

Choose winter tires approved for your model, mounted on Genuine Mercedes-Benz Wheels. Whether driving on a cold, rain-soaked highway or heading to the slopes, approved winter tires improve the performance and safety of your Mercedes-Benz. Winter tires provide better handling and shorten stopping distances by up to 40 per cent.[*]

Call 604-331-BENZ (2369) or visit mbvancouver.ca to book an appointment.

A Daimler Brand

[*] Compared to all-season tires below 7°C.
[**]Plus applicable taxes. $120 Mercedes-Benz Gift Card with purchase of a winter tire and wheel package. Offer ends February 28, 2014.

Mercedes-Benz

Mercedes-Benz Vancouver Area Retail Group – Service and Parts Locations **604-331-BENZ (2369) | mbvancouver.ca**

Mercedes-Benz Vancouver
550 Terminal Avenue, Vancouver

Mercedes-Benz Boundary
1325 Boundary Road, Vancouver

Mercedes-Benz Richmond
13466 Verdun Place, Richmond

Mercedes-Benz North Shore
1375 Marine Drive, North Vancouver

Lululemon uses questionable philosophy to sell pants: Study

Ayn Rand wore Luon.
Retail giant said to promote libertarianism and blast mediocrity

EMILY JACKSON
emily.jackson@metronews.ca

Making customers feel bad about their mediocre lives may be the secret to Lululemon's success at squeezing thousands into yoga pants, argues research from an Ontario university.

The Canadian yoga retailer's manifesto, emblazoned on its bags with messages such as "this is not your practice life" helps sell athletic wear by promoting a philosophy that blames people if their lives aren't fabulous, according to the paper published in the Canadian Review of Sociology in January.

The neo-liberal political philosophy emphasizes the individual and personal responsibility, said co-author Christine Lavrence, professor at King's University College.

While that might not seem bad, it can be "deeply unfair" to blame people for things they're not in control of — say, a person with an illness or a single mother that sacrifices career advancement to care for her children, Lavrence said.

Lavrence and her co-author, Prof. Kristin Lozanski, aren't anti-Lululemon — they both own it, wear it and like it — but question how the "hugely successful piece of Canadian pop culture" managed to resonate so deeply with consumers.

After studying retail locations across the country and analyzing the corporation's mission statement, the professors found Lululemon actively pushes a philosophy through methods such as customer engagement and employee goal setting.

Method to their mantra

"They make nice yoga clothes, they've got nice bags but they're promoting a very specific political ideology."
Prof. Kristin Lozanski

The researchers were critical of the message that mediocrity leads to a "lousy life," as it puts even more pressure on people is a society obsessed with winning.

Lozanski hopes the research will encourage people to rethink individualism and the way society makes individuals feel fully responsible for success and failure.

For the next phase of their research, they will interview about 30 Lululemon customers to see how or if the company's ideology affects them.

Lululemon representatives were not available to comment on Tuesday, but the company has stood by its political stances in the past.

It famously stirred controversy by using bags quoting Ayn Rand, a philosopher popular with libertarians and American conservatives.

"Our bags are visual reminders for ourselves to live a life we love and conquer the epidemic of mediocrity," explained a blog post on the issue.

A woman walks past the Lululemon Athletica store at Union Square in New York in March 2013. THE ASSOCIATED PRESS FILE

Father torn as baby enters world, brain-dead wife leaves

Dylan Benson's wife Robyn gave birth to their son Iver on Saturday. She passed away on Sunday, her husband wrote. COURTESY MISTERBENSON.COM

The best and worst moment of Dylan Benson's 32-year-old life arrived Saturday evening, when medical personnel in Victoria showed him cellphone photos of his new son, born only moments earlier to his brain-dead wife Robyn, his childhood sweetheart.

It was wondrous because Benson said he was seeing for the first time images of his baby boy Iver, who was born at 7:12 p.m., weighing just two pounds, 13 ounces, boasting a little bit of apricot-coloured hair — a ginger, like his mother.

Yet, Benson said he knew the time was near when he'd have to say his final farewell to the woman he first met 16 years earlier when she was still a teen and the two were embarking on their Grade 12 years in separate high schools.

"I don't think I have the right words to describe it," said the new father in a Monday-night interview. "It's the best and definitely the worst thing to ever happen to me in my life at the same time."

Inner turmoil

"It was just a massive, massive sense of relief that (baby Iver) was here and he had made it ... and also the same amount of fear knowing that I would have to say goodbye."
Dylan Benson

Benson said he got to see his son about an hour after the birth.

He said he stayed in the hospital that night and early Sunday morning visited Robyn for the last time.

Then, later that same afternoon, Benson said, he got to hold Iver for the first time.

THE CANADIAN PRESS

Sidewalk stabbing

Cops name first homicide of 2014

Vancouver police have identified 28-year-old Robert Tyson Smith as the victim of the city's first homicide of the year.

Smith was found unconscious on the sidewalk at Granville and Georgia streets on Feb. 9 suffering from a stab wound.

Police alleged that Smith was a passenger in a taxi cab when the driver got into an argument with two men on the street.

Smith was stabbed when he left the cab to join the dispute.

The men involved in the dispute were arrested but have been released pending further investigation.

Charges have not yet been laid in the case.

MATT KIELTYKA/METRO

Guilty plea

Sentencing ahead for man who lied about lethal crash

A Richmond man who lied when he said he was a passenger in a crash that killed another man will be sentenced on Wednesday.

Juan Alvarez pleaded guilty to impaired driving causing death and dangerous driving causing death after DNA found in the car and on the road revealed he was behind the wheel.

RCMP say the family of 27-year-old Juan Carlos Quijano-Flores is relieved to know their son wasn't responsible for the crash that claimed his life in 2010.

Police say Alvarez led them to believe he was sleeping in the back seat when the crash occurred.

THE CANADIAN PRESS

New species

Incredibly ancient fossil site found

A team of researchers has discovered what they're calling an astonishing fossil site in a B.C. mountain park that has revealed never-before-seen species from half a billion years ago.

The team from Canada, the United States and Sweden made the discovery in Kootenay National Park, about 200 kilometres west of Calgary, two years ago and have just published their findings.

The fossils were located south of the renowned Yoho National Park Burgess Shale site. The precise location is being kept secret to protect the fossils.

After just two weeks of field research, the team identified 50 species, including at least 12 that were new.

THE CANADIAN PRESS

THIS WEEK ONLY

Purchase ANY NEW in stock KIA and receive

A FREE CANADIAN WINTER PACKAGE

- 50% OFF Winter Tires Approx Value $2,495
- FREE Undercoat
- FREE Paint Sealant
- FREE Locking Wheel Nuts
- FREE Nitrogen Inflated Tires
- FREE Lifetime Oil Changes
- FREE Lifetime Car Washes
- FREE Airport Parking & Shuttle Service

Offer Expires: Sunday, Feb 16th

Stay Connected

DO NOT MISS OUT! ONLY AT KIA VANCOUVER

kia.ca >

KIA

15TH ANNIVERSARY SALE

THROWBACK PRICING*

PAYMENTS LIKE THEY WERE 15 YEARS AGO

BEST NEW SUV

($35,000 - $60,000)

Sorento SX shown

THE NEW 2014 SORENTO

hwy / city 100km: 7.1L/10.4L

THROWBACK PRICING

WAS ~~$156~~

$121 bi-weekly for the first 15 MONTHS

6-SPEED AUTOMATIC

0% financing

Includes Variable Throwback Pricing Incentive. $121 bi-weekly payments include $3,320 Throwback Pricing Incentive. Payments are based on 2014 Sorento 2.4 LX AT FWD (SR75BE), 60-month financing amortized over 84 months. After 15 months, bi-weekly payments increase to $156. Principal balance of $6,158 due after 60 months. Throwback Pricing Incentive may be taken as a lump sum or to reduce financed amount.*

Sportage SX Luxury shown

THE NEW 2014 SPORTAGE

hwy / city 100km: 7.0L/10.0L

THROWBACK PRICING

WAS ~~$143~~

$96 bi-weekly for the first 15 MONTHS

1.49% financing

Includes Variable Throwback Pricing Incentive. $96 bi-weekly payments include $1,504 Throwback Pricing Incentive. Payments are based on 2014 Sportage LX MT FWD (SP55TD), financing for 84 months. After 15 months, bi-weekly payments increase to $143. Throwback Pricing Incentive may be taken as a lump sum or to reduce financed amount.*

Rondo EX Luxury shown

THE ALL - NEW 2014 RONDO

hwy / city 100km: 6.2L/9.4L

THROWBACK PRICING

WAS ~~$125~~

$85 bi-weekly for the first 15 MONTHS

0% financing

Includes Variable Throwback Pricing Incentive. $85 bi-weekly payments include $3,280 Throwback Pricing Incentive. Payments are based on 2014 Rondo LX MT (RN55TE), financing for 84 months. Offer includes $750 loan credit. * After 15 months, bi-weekly payments increase to $125. Throwback Pricing Incentive may be taken as a lump sum or to reduce financed amount.

5 Year Warranty — WE'VE GOT YOU COVERED *5-year/100,000 km worry-free comprehensive warranty

Proud Partner of madd Saving Lives, Supporting Victims

FIND MORE GREAT OFFERS AT KIA.CA

KIA The Power To Surprise

DL#30460

KIA VANCOUVER

1-888-347-7334

CORNER OF CAMBIE and MARINE DR

www.kiavancouver.com

- 10 minutes from Delta • 15minutes from Surrey
- 5 minutes from Richmond • 5 minutes from Burnaby
- minutes from Downtown

Offer(s) available on select new 2013/2014 models through participating dealers to qualified customers who take delivery by February 28, 2014. Dealers may sell or lease for less. Some conditions apply. See dealer for complete details. All offers are subject to change without notice. Vehicles shown may include optional accessories and upgrades available at extra cost. All pricing includes dealer's and destination fees up to $1,695, other fees and charges (including insurance), and $100 A/C Charge Delivery applicable and excludes financing, registration, insurance, other taxes and variable dealer administrational fees. Cap for Delivery Allowance dealer charges may be negotiated at the time of purchase. Other lease and financing options also available. **Throwback Pricing available O.A.C. on financing offers on new 2013/2014 models. 0%/1.49% financing for 84 months (example: 2014 Rondo LX MT (RN55TE) $0/$14 bi-weekly payments at 0%/1.49% for 84 month term,

The budget: Six things to know

Along with freezing operating budgets and vowing a surplus by next year, Tuesday's federal budget delivered a grab bag of initiatives. Here's six you should know about.

GEOFF MATTHEWS AND TREVOR GREENWAY
Metro in Ottawa

The Canada Job Grant

Canadian businesses looking to hire and train underemployed or unemployed workers will get a hand from the top, as the 2014 federal budget will launch the Canada Job Grant, giving businesses up to $15,000 per worker for training costs.

First Nations education reform

The federal government will inject $1.9 billion over the next five years to reform the on-reserve education system to give First Nations communities education "comparable to provincial and territorial school systems."

Ending 'price discrimination'

Finance Minister Jim Flaherty says he is going after companies that charge higher prices for goods sold in Canada than they do in the U.S. "The Government intends to introduce legislation to address price discrimination that is not justified by higher operating costs in Canada," said the budget tabled by the minister.

Where there's smoke, there are additional taxes

Smokers will pay 50 cents more a pack, effective immediately, as the government moves to reduce tobacco consumption. The move is expected to generate an additional $96 million for the federal treasury in the current fiscal year. The federal excise tax will rise from $17 to $21.03 a carton.

Beefing up our food-safety system

The government will inject $390 million over the next five years into Canada's food safety system. The cash will go into hiring inspectors and to create a country-wide information system for authorities to respond quickly to food-safety risks.

Canada online: Aiming for near universal access

The government says high-speed broadband networks should be available to virtually all Canadians within five years. In his budget, Flaherty said access to reliable networks is part of everyday life for Canadians, and promised $305 million over the next five years, to provide service to 280,000 more households.

Officials consider placing quotas on Canada's polar bear hunting

Scientists are saying that voluntary limits on polar bear hunting should be reduced, but aboriginal communities aren't willing to reduce their take.
SEAN KILPATRICK/THE CANADIAN PRESS FILE

Public hearings begin Wednesday in the tiny community of Inukjuak in Quebec's arctic region to discuss putting quotas on the world's last unregulated polar bear hunt.

Scientists say climate change is starting to affect the health of the south Hudson Bay population, and voluntary limits on the hunt should be reduced, especially as Canada's policies come under increasing international scrutiny.

But the aboriginal communities in Quebec, Ontario and Nunavut that hunt bears aren't willing to reduce their take.

"It is an interesting situation," said Andrew Derocher, a University of Alberta polar bear biologist and member of the international Polar Bear Specialist Group.

"In response to a severe spike in harvest in Quebec, we move quickly to improve management, but then lose all credibility when we set a harvest level that is far beyond what is sustainable."

The problem dates back to 2011, when high prices for polar bear hides drove hunters in northern Quebec, called Nunavik, to dramatically increase their take. A single pair of hunters were responsible for more than 50 kills in a region that historically saw little hunting. Groups that hunt the population agreed to an overall voluntary limit of 60 bears a year. That limit has been followed, but the federal environment minister has directed the Nunavik Marine Region Wildlife Board to hold hearings on hard-and-fast quotas.

Scientists such as Derocher said a 60-bear harvest may have been sustainable in the past, but not now, and some governments agree: Nunavut suggests 43 is a good limit; Quebec wants 44. But nobody wants their slice of the pie reduced.

Derocher said Canada is out of step with the rest of the world on bear management, as virtually all hunter groups seek to increase quotas.

"There's very strong pressure across the Canadian populations to increase harvest levels," he said.

"It is going to be a challenge to convince the international community that our science is strong enough to support these increases."

THE CANADIAN PRESS

China. Canadian killed by bird flu may have caught it at illegal poultry market

Canada's first H5N1 flu patient may have contracted the bird flu virus passing through or near an illegal live bird market in Beijing, Chinese scientists have suggested.

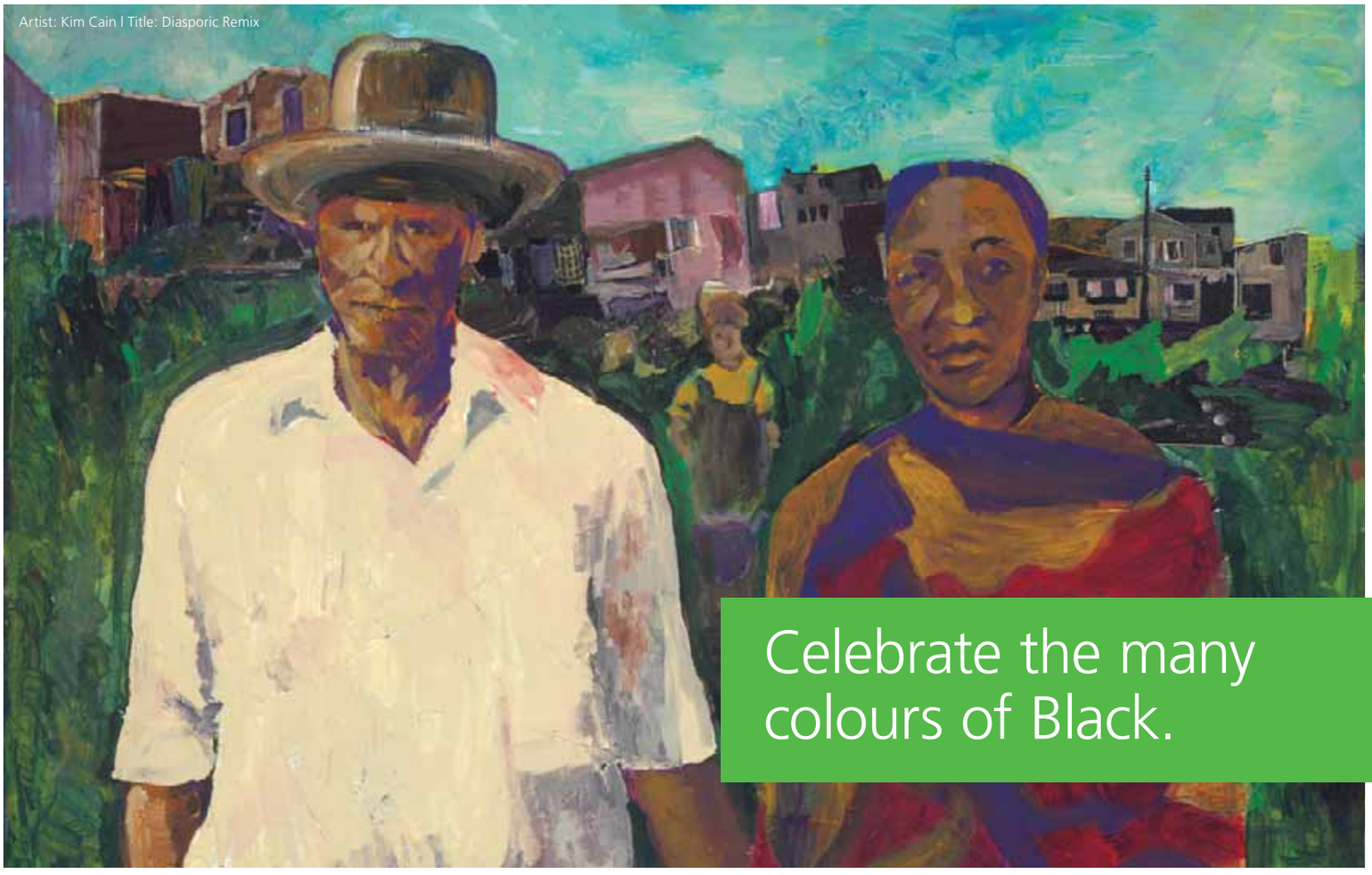
And Canadian researchers have published a report on the full genetic sequence of virus taken from the Alberta woman, who died in early January after returning from a three-week trip to her native China.

The source of the woman's infection has been a mystery. She spent her entire trip in Beijing, where H5N1 reportedly hasn't been discovered for some time. Now scientists from Beijing's Center for Disease Prevention and Control have hypothesized that the woman may have contracted the virus by walking through or near market stalls that surreptitiously sell live poultry.

Beijing banned live poultry markets in 2005. But an illegal trade in live birds continues in the city, the authors said in a letter to Journal of Infection.

"Although the Beijing government makes efforts to ban the illegal dealing of live poultry, this selling mode consistently exists as many Chinese people prefer live poultry to fresh poultry in light of their culture of consumption," said the authors. THE CANADIAN PRESS

A woman buys chicken at a market in Beijing in 2009. Chinese researchers are suggesting Canada's first H5N1 flu patient may have contracted the bird flu virus passing near an illegal live-bird market in Beijing. ANDY WONG/THE ASSOCIATED PRESS



bandu
Black Artists' Networks Dialogue

metro

TD celebrates Black History Month.

The TD Then and Now Series showcases Black history and culture through the inspired work of Canadian and global artists. We proudly collaborated with the Black Artists' Networks Dialogue to bring you breathtaking exhibits, films, concerts, fashion and theatre. It's a month-long celebration that will stay with you all year.

TD

PRESENTS

THEN & NOW

Learn more at td.com/ThenandNow

® The TD logo and other trade-marks are the property of The Toronto-Dominion Bank.

Canada's ski jumpers join in historic Olympic debut

Kim and Steve Henrich just wanted their daughter to take off clean and land in style. All the rest didn't matter so much.

After all, Calgary's Taylor Henrich had already helped make history at the Sochi Games just by being invited to compete.

Henrich, 18, was among an international field of 30 female ski-jumpers taking part in the Olympic debut of their sport Tuesday, one that came after years of controversy. In 2009, The Supreme Court of Canada denied an appeal to have the ladies compete in the 2010 Vancouver spectacle.

Kim and Steve weren't able to make it to Sochi to take in their daughter's moment to shine on the world stage, so they organized a viewing party at the Calgary Winter Club. The nerves were high at first: Kim admitted she struggled to watch as Taylor rocketed down the 90-metre take-off ramp.

In the end, she wound up 13th, just one spot behind fellow Calgary jumper Atsuko Tanaka, the only other Canadian competing in the event.

"Taylor is really phenomenal," Kim said after the excitement slowed. "She's not a kid anymore ... she always put her best effort into anything she does. I'm really proud of her."

Kim and Steve Henrich held a party for their daughter Taylor, taking part in the first Olympic women's ski-jumping event. JEREMY NOLAIS/METRO IN CALGARY

In all likelihood, the women's event will stay on the Olympic program into the 2018 Games. Steve said he would like to see a 120-metre hill and a team event added for women — the men already compete in three disciplines.

It's not clear, however, if Taylor will take flight again at a future Games.

"This is the pinnacle for her," Steve said. "At this point, she can step up or step out and she has to decide what she wants to do. It's good that she and her teammates got to this point."

Tanaka, meanwhile, told reporters in Sochi that the mood was light among the competitors, despite the stakes being high.

"I was just really having fun up there with all the girls. We were high-fiving each other, wishing each other good luck," she said. "It was a great atmosphere to be jumping in.

"It would have been cool if I got to have a medal around my neck but it didn't happen that way. I gave it everything I had so I'm just happy with everything that happened today." JEREMY NOLAIS/METRO IN CALGARY, WITH FILES FROM THE CANADIAN PRESS

Olympian in court

Girlfriend's mother to attend Pistorius trial

The mother of Oscar Pistorius' slain girlfriend will attend the double-amputee Olympian's murder trial next month to get "closure," Reeva Steenkamp's family said on Tuesday.

Steenkamp's immediate family members never attended Pistorius' past court dates. THE ASSOCIATED PRESS

Novice hockey

Parents, coaches brawl, kids watch

A North Dakota minor hockey official says police were called to a game of two Winnipeg teams last weekend.

Mike Prochnow says a player's mother followed an opposing coach to a locker room, sparking a brawl in front of seven- and eight-year-old players. No charges were laid. THE CANADIAN PRESS

Olympic spirits. In the midst of it all, a cemetery

Stadiums, the Olympic torch, food stalls — what else can you expect to see in an Olympic park? In Sochi: a cemetery.

A small graveyard of Old Believers, a purist sect that branched out of the Russian Orthodox during the 17th century, is smack in the middle of Olympic Park in Sochi. It goes completely unnoticed by passers-by who walk along a round plot of land surrounded by a tinted glass fence and lined with almost identical and impenetrable fir trees.

Guarding the entrance to the cemetery are four police officers from Moscow and a police van.

"Why should we, Russians, bother?" said one, who wouldn't give his name when approached. "We always turn a funeral into a wedding."

Before construction for the Sochi Games began in the Imeretinskaya Valley, the area that is now Olympic Park was home to a community of Old Believers, with a cemetery next to it. The Old Believers have been relocated to a village nearby, but they insisted on leaving the graves of their forebears intact.

The cemetery has been open for a century, the Sochi organizing committee's chief, Dmitry Chernyshenko, said last year. He said not moving it was a necessary concession to the community.

Most spectators who come to see Olympic competitions pass the tree-lined circle unaware of what is inside it. Many see nothing wrong with preserving the place of eternal rest amid the Olympic festivities.

"The most important thing is that they kept it," said Nadezhda Muizhezemnik.

"One should treat death calmly. We will all have to go through it." THE ASSOCIATED PRESS

RUSSIA'S ANTI-GAY STANCE HAS SPOILED THE SOCHI OLYMPICS

ANGELA MULLINS
Managing editor for Metro in London, Ont.
angela.mullins@metronews.ca

Too close to home

The atmosphere in Sochi has left me angry and, quite frankly, hurt.... I have no option but to sit these Games out.

It's Sochi day six and I haven't watched a minute.

I know it's hard to believe, but I've missed all the action by choice. The Olympics are, after all, one thing that most everyone in the world can agree to love.

Generally speaking, I love them too.

I marvel at the athletes' iron will. After the 2008 Summer Games I took faster, higher, stronger to a personal level, starting a workout regiment that has changed and likely saved my life.

One of my first vivid memories is of American gymnast Mary Lou Retton claiming five gold medals at the 1984 Games. I remember her face, grinning from ear to ear, on the front of my cereal box, her perkiness and national pride practically oozing off the cardboard.

I wanted to know her, to live part of her story. More importantly, I wanted to be her.

But this year will bring no such motivation or inspiration. The atmosphere in Sochi has left me angry and, quite frankly, hurt.

I don't feel part of these Games. In fact, I feel quite the opposite: asked by the host to either bow out or keep quiet.

See, my problem is with all this "anti-gay stuff," as a prominent member of the International Olympic Committee put it so eloquently recently.

As millions openly bask in the glow of Russia's shiny new stadiums, many nearby are being forced to live anything but an open life.

I used to be one of those people, and the memories, though more than a decade old, are still too raw for me to face.

Trust me, I did anything but run out of my closet waiving a rainbow flag. I grew up in a conservative family in small-town America, where it was barely acceptable to be black in the '90s, much less gay.

When I eventually told my parents I was dating a woman, now my wife, the rejection was immediate.

It hurts to be told that something as basic as who you love is wrong, much less that you could be jailed as a result. It's a pain that dulls over time, but it never goes away no matter how much you laugh or how much you cry.

For me, the Sochi Games are and always will be automatically linked to Russia's attack on human rights. Even watching from afar scratches too many old personal wounds and comes closer than I dare to supporting something so innately wrong.

So, that's it. I have no option but to sit these Games out.

The politics have simply hit too close to home this time and it's something I just have to accept, like it or not.

Activists smuggling stray dogs out of Sochi

Animal activist Igor Airapetian carries a stray dog brought out of Sochi by a fellow activist at a rendezvous point in Tuapse, Russia, 120 kilometres away from the Olympic area on Tuesday. Airapetian is one of a dozen people in the emerging movement of animal activists in Sochi alarmed by reports that the city has contracted the killing of thousands of stray dogs before and during the Olympic Games. DAVID GOLDMAN/THE ASSOCIATED PRESS

BE MY VALENTINE

A gift for every love in your life.

Starting from $10

Add a greeting card for a chance to...

WIN YOUR PURCHASE*

Savings with every card! Pick up yours in-store today.

#sharethelove to let them know

!ndigo | Chapters | indigo.ca

/chaptersindigo

*IN-STORE ONLY: Ends February 14, 2014. Purchase must include at least one regular priced eligible item plus a greeting card. Offer does not apply towards the purchase of gift cards, electronics and related accessories, tablets, Lego Friends, Lego Mindstorm, Rosetta Stone interactive learning software, Indigo Love of Reading foundation fundraising products or donations and memberships. Greeting card selection may vary between stores. Offer not valid in conjunction with any other discount, offer or promotion and cannot be used to adjust amount paid on previous purchases. Offer may change or end at any time without notice (except in Quebec). Additional restrictions apply. Visit your local store for full details.

Product selection and price may vary between stores and online. Indigo, Chapters, Coles and Indigo.ca are trademarks of Indigo Books & Music Inc.

Palestinian woman seeks change through IT

Trailblazing. Young entrepreneur sees the IT world as a chance for Palestinian women to get into the workplace

Twenty-nine-year-old Abeer Abu Ghaith has become the first female high-tech entrepreneur in the West Bank, setting up an Internet employment brokerage and software development firm. Last month, she was recognized by regional high-tech leaders as a recipient of the Women in Technology Awards in the Middle East and Africa for 2014.

Abu Ghaith is intent on showing how the local IT and communications sector can transform the lives of women by giving them access to jobs and financial independence. Some say the sector, the most vibrant in an otherwise stagnant economy, could double in size over the next five years and employ thousands more.

Abu Ghaith graduated from the Polytechnic University in Hebron in 2007. She now lives with her family in the town of Dura, one of the most conservative areas of the West Bank.

Last year, she set up her company, StayLinked, which serves as a talent broker between Palestinian freelancers and businesses in need of services, such as translation, data entry, graphic design, online marketing and website development. Customers include companies in the U.S. and in Gulf countries, she said.

Abu Ghaith has three business partners, including a female friend, a male expert in IT training and a company that offered advice in the early stages. The two women pooled their savings to contribute to $30,000 in startup costs and control 70 per cent of the business.

So far, StayLinked has generated several thousand dollars in business and has provided paid employment for about 40 freelancers, half of them women.

THE ASSOCIATED PRESS

Abeer Abu Ghaith, right, talks to other women in Dura. THE ASSOCIATED PRESS

If you can take a picture,

then you can deposit a cheque.

CIBC eDeposit™. Now on our Mobile Banking App.
Another way CIBC makes it easier to bank where, when and how you want.

For personal and business accounts.
Visit cibc.com/edeposit.

ANDROID APP ON Google play | Available on the App Store

Google Play is a trademark of Google Inc. App Store is a trademark or service mark of Apple Inc., registered in the U.S. and other countries. All other trademarks are owned by CIBC.

CIBC

Algeria. Military plane crashes into mountain killing passengers and crew

An Algerian military transport plane is pictured after it slammed into a mountain in the country's rugged eastern region on Tuesday. MOHAMED ALI/THE ASSOCIATED PRESS

Algeria's Ministry of Defence says 77 people were killed after a military transport plane crashed into a mountain in eastern Algeria on Tuesday.

The plane was carrying 74 passengers and four crew members. Only one man survived.

After radio and radar contact with the flight was lost at 11:37 a.m. local time, three helicopters were sent to find the plane. The ministry said it had slammed into Mount Fortas, 50 kilometres from the flight's destination city of Constantine.

"Unfavourable weather conditions and storms accompanied by snow in the region were behind the crash," the ministry said in a statement.

Civil defence officials at the scene said the plane broke into three parts at the snowy crash site and women and children — presumably from military families — were among the dead.

Military transports in Algeria routinely carry not only soldiers but military families visiting the army bases. The plane had taken off from the southern Saharan city of Tamanrasset, which has a massive military presence due to its proximity to the country's unstable southern borders.

THE ASSOCIATED PRESS

MET2

5 Diamond Residences. Park Front Surroundings.

METROTOWN LOCATION AT ITS BEST

COMING SOON

Surrounded by Bonsor and Lobley Parks, steps away from Metropolis, BC's largest shopping centre, and Bonsor Community Centre is MET2, the latest development by Concord Pacific, Canada's largest community developer.

Residents of MET2 will enjoy a magnificent 5 diamond luxurious lifestyle that includes concierge service in the grand lobby and amenities such as a heated indoor swimming pool, hot tub, golf simulator, 10-pin bowling alley, lawn bowling and much more.

MET2 is the most glamorous and dynamic residence in Burnaby.

REGISTER NOW

MET2.ca

604.899.8800

1, 2 & 3 BEDROOM HOMES STARTING FROM $279,900

(Including parking, central air-conditioning, high ceilings and marble)

ALL ILLUSTRATIONS REFLECT THE ARTIST'S INTERPRETATION OF THE PROJECT AND DO NOT TAKE INTO ACCOUNT NEIGHBOURING BUILDINGS, PHYSICAL STRUCTURES, STREETS AND LANDSCAPE. AMENITIES MAY BE MODIFIED, REMOVED OR ADDED WITHOUT NOTICE. THESE MATTERS WILL BE GOVERNED BY THE TERMS OF THE APPLICABLE DISCLOSURE STATEMENT IN EACH CASE. PRICES AND AVAILABILITY ARE SUBJECT TO CHANGE WITHOUT NOTICE. PRICES QUOTED ARE EXCLUSIVE OF ANY TAX AND MAY REFLECT VARIOUS INCLUSIONS OR EXCLUSIONS IN THE OFFER INCLUDING BUT NOT LIMITED TO FINISHING DETAILS AND PARKING PROVISIONS. PLEASE CHECK WITH THE DEVELOPERS' REPRESENTATIVES FOR FURTHER DETAILS. THIS IS NOT AN OFFERING FOR SALE. ANY SUCH OFFER MAY ONLY BE MADE WITH THE APPLICABLE DISCLOSURE STATEMENT AND AGREEMENT OF PURCHASE AND SALE. CONCORD MET 2 LIMITED PARTNERSHIP.

CONCORD PACIFIC

Americans go whole hog for bacon fests

Pigging out.
1.5 billion pounds of smoked and cured pig meat is eaten in the U.S. every single year

Get ready for bacon like you've never eaten, drunk or worn it before.

Bacon milkshakes. Chocolate-covered bacon shaped like roses. Bacon-flavoured toothpaste, dental floss and lip balm. Bacon bourbon, margaritas, beer and vodka. Bacon ice cream sundaes. A BLT sandwich with a full pound of bacon.

They're all on the menu this week as one Atlantic City casino stretches the bounds of good taste and cardiovascular health with Bacon Week. The festival at the Tropicana Casino and Resort gives new meaning to the term "pigging out."

The idea of a bacon festival is not as far-fetched as it might sound. Americans eat about 1.5 billion pounds of bacon a year, according to the National Pork Board. And the website bacontoday.com counted nearly 30 bacon festivals around the country from late April through December 2013, many of whose tickets sold out in minutes.

"Bacon is like heaven," said Nadina Fornia of Egg Harbor Township, N.J. "If you're going to die, die with bacon on your lips and a BLT in each hand."

She was drawn to the casino Monday by the promise of bacon in far-out forms, including milkshakes and beer (not in the same glass, thankfully). She also heard about the bacon-infused vodka. THE ASSOCIATED PRESS

Hungry yet? A bacon, lettuce and tomato sandwich made with an entire pound of bacon at the Tropicana Casino and Resort in Atlantic City, N.J. THE ASSOCIATED PRESS

Bundle your accounts and save every month.

That's the genius of the CIBC Everyday® Banking Bundle.

On top of saving on your monthly chequing account fee, you'll also get 25 transactions* a month and your choice of credit card, savings account and overdraft protection. And best of all, they're all in one place, so banking is easier and can save you money every month.

Talk to us today.
At the branch • cibc.com/geniusbundles • 1 877 434-1909

CIBC FOR WHAT MATTERS.

*A transaction includes cheques, withdrawals, transfers, pre-authorized payments, bill payments (including CIBC credit cards and CIBC Personal Lines of Credit), and debit purchases. Additional fee(s) apply to withdrawals at non-CIBC bank machines, *Interac* e-Transfer™ transactions, and cheques written in currencies other than the account currency. *Interac* e-Transfer™ is a trade-mark of Interac Inc. CIBC authorized user. ®Reg. TM of CIBC. "CIBC For what matters." is a TM of CIBC.

U.S. Federal Reserve

Yellen to follow Bernanke's footsteps closely

U.S. Federal Reserve Chair Janet Yellen sought Tuesday to reassure investors that she will embrace the approach to interest-rate policy that her predecessor, Ben Bernanke, pursued before he stepped down as chairman last month.

In her first public comments since taking over the top Fed job last week, Yellen said she expects a "great deal of continuity" with Bernanke.
THE ASSOCIATED PRESS

Chatty Cathys on planes

Hate cellphone loud talkers? U.S. bill is on your side

Allowing airline passengers to make cellphone calls in-flight is asking for trouble, lawmakers said Tuesday as a House panel approved a bill to ban such calls.
THE ASSOCIATED PRESS

NSA leaks

Technology firms urge changes to U.S. spying

A coalition of America's leading technology firms is urging changes in the government's spying programs. It's pressing for more limits on collections of Americans' data, greater oversight and transparency.

The action was part of a day of protests against the Obama administration's surveillance policies Tuesday. THE ASSOCIATED PRESS

Market Minute

DOLLAR 90.77¢ (+0.31¢)

TSX 13,880.99 (+86.81)

OIL $99.94 US (-$0.12)

GOLD $1,289.80 US (+$15.10)

Natural gas: $4.92 US (+$0.29)
Dow Jones: 15,994.77 (+192.98)

MoneyProvider.com

$500 Loan and more

Fast, easy and secure

No credit refused

1-877-776-1660
www.moneyprovider.com

THE PROBLEM(S) WITH PARENTS

JUST SAYIN'

Mike Benhaim
metronews.ca

Having children changes people. Often for the better, but we all know at least one couple that has gone completely overboard. Whether they're overprotective, insanely health-conscious, educationally obsessed or they want to breastfeed until the kid is in his teens, we can all agree that they freak the rest of us out.

I'm not sure when the co-sleeping fad began, but the theory that keeping a newborn close after birth might ease their separation anxiety seems plausible enough. Then, some took it a step too far and decided that a baby should be immediately held and only released into the arms of the other parent and back for an extended part of their infancy. This includes sleeping and bathing with the child. No independent bedroom. No crib. Perpetual togetherness.

Hey, why stop there? Why not leave the umbilical cord until it falls off and you have it bronzed and turned into a bracelet that the child can wear as a reminder of this glorious eternal connection? No, that would be weird.

And how about mastication? We all do it, but some parents believe in pre-masticating. In 2012, Alicia Silverstone posted a video on her mommy blog of her chewing food and then inserting it DIRECTLY from her mouth into that of her one-year-old.

Silverstone's response to public outcry was that it was perfectly normal and people have been doing it for thousands of years, and she's right. Those people are called birds. In fairness though, it's not like she was planning on doing that forever. Eventually, she'll spit into a bowl or something. I mean, the kid's gotta learn to use a spoon sometime, right?

The vegan even had the audacity to proclaim, "Just had a delicious breakfast of miso soup, collards and radish... yum! Fed Bear a bit from my mouth to his. It's his favourite and mine."

Mmmm. That certainly does sound delicious. And imagine the preschool conversation.

"What'cha got? Apple sauce?"

"Nah, steamed radish and kale. Pre-chewed. Trade you for that Twinkie?"

But who are we to judge? Perhaps children should be free to adjust at their own pace without the stress of sleeping and bathing in companionless isolation. Is it fair to prematurely pressure a child to learn to use a toilet? Or walk, or chew, or deal with a world full of... spontaneity? Why? So they can cope? You show me a person who copes, and I'll show you someone who probably doesn't call their mother often enough. Is that the kind of person with whom you want your child sharing the world?

All sarcasm aside, there is a fine line between not doing enough for your children, and doing way too much.

In the immortal words of Pink Floyd on The Wall, "Mother, did it need to be so high?"

Mike is filling in for Paul Sullivan, who will return next week.

ZOOM

Winter Olympics a.k.a. Warm Olympics

LUCA BRUNO/THE ASSOCIATED PRESS

Mountain sports affected by weather

The forecast for the next day's temperature is reflected in the ski goggles of a volunteer at the Sochi 2014 Winter Olympics Tuesday in Krasnaya Polyana, Russia. Warm temperatures in the mountains made the snow too soft and caused the cancellation of women's downhill training on Tuesday.

THE ASSOCIATED PRESS

Athletes trying to chill out on the runs

Cross-country skiers are looking for the right wax to cut through the mush. Jumpers are trying to land in snow that's way too soft. Freestyle skiers and snowboarders are bailing out of their best tricks on courses that are melting under the Sochi sun. Temperatures climbed well above 10 C even on the highest hills.

THE ASSOCIATED PRESS

What's in the past

- Four years ago, too-warm, too-wet weather in Whistler delayed the start of racing.
- At Turin in 2006, the women's super-G was postponed 24 hours, and the combined event was split over two days.
- Skiing at Nagano in 1998 waited for two days, and officials shoehorned nine races into 10 days.
- At Sarajevo in 1984, both downhills were postponed.
- And the last pre-Olympic World Cup weekend for Alpine skiing shared a similar fate.

Clickbait

LUKE SIMCOE
Metro Online

With its sudden removal from the Android and iOS app stores over the weekend, Flappy Bird appears to have flown into its final pipe. Fortunately, like everything popular that disappears from the Internet, the beloved — if slightly masochistic — game has returned ... in clone form! Minutes after the game was pulled by its Vietnamese developer, app stores were flooded by thinly-veiled imitations. We here at Metro played some of them, so that you don't have to.

CONTRIBUTED

IronPants:

It's exactly like Flappy Bird, if you replaced the bird with a caped superhero and the pipes with boxes! It's one of the more polished clones, so expect it to fare well.

Cute Tiny Birds:

Guide a bird that looks like Toucan Sam on a quest to snag rings that suspiciously resemble Froot Loops. Get it quick before Kellogg's sues it out of existence.

Flappy Doge:

If you don't have an Android or Apple device but still want to deflate your self-esteem, you can always try Flappy Doge. The browser-based game replaces the titular bird with everyone's favourite memetic Shiba Inu.

Fly Birdie:

If Flappy Bird was too difficult for you (so, basically everyone), try Fly Birdie. The game works on the same principle, except the space between the maddening pipes is vastly increased.

Twitter

@metropicks asked: Don't break up on Valentine's Day, or ignore the holiday, says @MetroSheSays. What's another V-Day faux pas?

@twharding: don't propose. Save that for a different day so it's more special.

@thingleaderof5: don't break up BEFORE Valentine's day, to be with your new "one". Trust me, it sucks.

Follow @metropicks and take part in our daily poll.

WE WANT TO HEAR FROM YOU:
Send us your comments: vancouverletters@metronews.ca

metro

President Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Vancouver** Jeff Hodson • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Sales Manager** Chris Mackie • **Distribution Manager** George Acimovic • **Vice-President, Sales and Business Development** Tracy Day • **Vice-President, Creative and Marketing Services** Jeff Smith • **Vice-President, Finance** Phil Jameson • **METRO VANCOUVER** 375 Water Street - Suite 405 Vancouver, BC V6B 5C6 • **Telephone:** 604-602-1002 • **Fax:** 604-648-3222 • **Advertising:** 604-602-1002 • adinfovancouver@metronews.ca • **Distribution:** vancouver_distribution@metronews.ca • **News tips:** vancouver@metronews.ca • **Letters to the Editor:** vancouverletters@metronews.ca

New RoboCop winks at dystopian original

Back to the future. IMAX remake of RoboCop plays up realism foretold by 1987 original

IN FOCUS
Richard Crouse
scene@metronews.ca

Swedish actor Joel Kinnaman stars as the new RoboCop. CONTRIBUTED

If the original RoboCop movie is any indication, sometimes life does imitate art.

The 1987 film shows a crime-ridden and financially ruined Detroit turning to a part-human, part-robot cop to police the streets. As far as I know, no cyborgs have ever patrolled the neighbourhoods of Motor City, but 27 years after the movie hit theatres, Michigan's most populous city declared Chapter Nine, becoming the largest municipal bankruptcy filing in U.S. history.

Prescient? Perhaps.

Fosterwealth.com wrote, "With Detroit's bankruptcy, we've seen much of RoboCop come to pass," while screenwriter Ed Neumeier remembers a note written in the margin of his copy of the script, "The future left Detroit behind."

The writer also told CNN, "We are now living in the world that I was proposing in RoboCop."

The original Peter Weller movie lived at the centre of popular culture when it came out, spawning two sequels, a television series, two animated shows, a mini-series, video games and several comic books.

And today RoboCop is still a going concern.

Later this year a 10-foot-tall tribute statue will be unveiled in Detroit and this week a remake will become the first RoboCop movie to be released in IMAX.

The new RoboCop is an all-star affair, with Swedish star Joel Kinnaman as the title character and appearances from Gary Oldman, Michael Keaton, Samuel L. Jackson and Jay Baruchel. Just don't expect a straight-up copy. "I'm not trying to remake RoboCop," says director José Padilha, "because I don't think RoboCop is remake-able."

Instead, Kinnaman says, the new film will be "realistic," and "will have a satirical quality... It's going to have that wink in the eye, but we're not looking to replicate the [original director Paul] Verhoeven tone."

The one thing the two films have in common for sure is that while both are set in Detroit, neither used the city as the principal shooting location. Verhoeven filmed his movie in Pennsylvania and Texas whereas the new movie was lensed mainly in Toronto and Vancouver.

Film hits the fan

RoboCop busts a moviegoer

Another incident illustrates how the film aided real life law enforcement… at least once.

A robbery suspect/movie fan in Sacramento, Calif., tried to elude police by hiding out in a movie theatre showing RoboCop. He became so immersed in the film he didn't notice the cops evacuating the audience, leaving him alone and busted when the lights came on.

Action

RoboCop

Director. José Padilha

It's 2028 and conglomerate OmniCorp is at the centre of robot technology. Overseas, their drones have been used by the military for years, and it's meant billions for OmniCorp's bottom line. Now OmniCorp wants to bring their controversial technology to the home front, and they see a golden opportunity to do it. When Alex Murphy (Joel Kinnaman) — a husband, father and good cop doing his best to stem the tide of crime and corruption in Detroit — is critically injured in the line of duty, OmniCorp sees their chance to build a part-man, part-robot police officer.

Rotten Tomatoes™ score

Critics:	Audience:
52%	97%

Obituary

Iconic child star of 1930s dies at 85

Shirley Temple, the dimpled, curly-haired child star who sang, danced, sobbed and grinned her way into the hearts of Depression-era moviegoers, has died, according to publicist Cheryl Kagan. She was 85.

Temple died Monday night at about 11 p.m. at her home near San Francisco.

A talented and ultra-adorable entertainer, Shirley Temple was America's top box-office draw from 1935 to 1938, a record no other child star has come near.

THE ASSOCIATED PRESS

RiverRock CASINO RESORT

Eat. Stay. Love.

Valentine's Day package includes:
- 1 bedroom suite with king size bed
- Lovers Breakfast served with chocolate covered strawberries
- Free parking & Wi-Fi

FROM $219* VALID FEB.13–16

*Rates based on 2 adults over 19 years of age. Rates start at $219 for a 1 bedroom suite at The Resort. Subject to availability.

RESERVE NOW! Call 1-866-748-3718
or visit: riverrock.com/eatstaylove

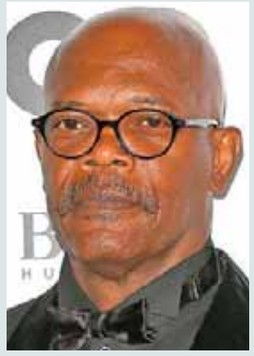
Bridgeport Skytrain Station: 8811 River Road, Richmond BC

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

It's not all the same to Jackson when reporter mistakes him for Fishburne



A Los Angeles newscaster apologized to Samuel L. Jackson for confusing him with fellow actor Laurence Fishburne during a live TV interview.

KTLA entertainment reporter Sam Rubin was interviewing Jackson on Monday about the film RoboCop when he asked the actor if he'd gotten a lot of reaction to his recent Super Bowl commercial.

When Jackson asked, "What Super Bowl commercial?" Rubin realized his mistake and began to apologize. But it was too late.

"You're as crazy as the people on Twitter," an animated Jackson, who was doing the interview by satellite from Atlanta, told Rubin. "I'm not Laurence Fishburne. We don't all look alike. We may be all black and famous but we don't all look alike."

As Rubin, who is white, tried to apologize, a smiling Jackson went on at length, listing various black actors and their commercials. Video of the exchange quickly went viral.

"I'm the 'What's in Your Wallet,' black guy," he said of his own commercial for a credit-card company. "He's the car black guy. Morgan Freeman is the other credit-card black guy. You only hear his voice, though, so you probably won't confuse him with Laurence Fishburne."

Fishburne, as the character Morpheus from the Matrix movies, appeared in the Super Bowl commercial for Kia automobiles.

The pair eventually got back to talking about RoboCop, with Jackson telling Rubin how highly he regards Michael Keaton and Gary Oldman, who appear in the film with him.

"You do know who they all are though, right?" he teased. "Just in case they have some of them on the show. Do some work. Do some research. Make sure you don't confuse them with those other white actors."

THE ASSOCIATED PRESS

Rosie Huntington-Whiteley ALL PHOTOS GETTY IMAGES

Is it ring-around-the-Rosie time for Victoria's Secret model and Jason Statham?

Rosie Huntington-Whiteley is sure excited about something coming up with boyfriend Jason Statham, although she won't go into specifics — but that's not stopping others from speculating that there might be a summer wedding planned for the pair. "There are a few things in my personal life that are very exciting that I probably can't elaborate on," she tells the Sunday Times in an otherwise quite candid interview. "I think the longer you are together, the more you look out for each other, the more you become invested in each others' lives," she says. "We really are a team. We are deeply connected. We are best mates and it's a beautiful thing. I feel truly lucky. He's a warm spirit."

Miley ready for the high-rise life

Miley Cyrus

Miley Cyrus is reportedly considering ditching the Hollywood Hills lifestyle in favour of a high-rise condo in downtown Los Angeles, according to Star magazine. "Miley's security situation has been a massive issue for the last year. She would like to come and go as she pleases and feel safe alone in her home, and that just isn't happening with her current house," a source says. "She's thinking of buying a condo in a downtown L.A. high-rise instead of continue to deal with stalkers and lunatics trying to break into her hillside home at all hours of the day."

HOW IS YOUR NEW YEAR'S RESOLUTION COMING ALONG? FEEL SEXY IN YOUR OWN SKIN FOR 2014.
Special introductory session only $125
Get results Fast!
Vancouver Lipo Laser & Muscle Toning Clinic
LOSE 1" TO 3" OR MORE FAST!
• Discover Non-Invasive Lipo Laser Your Alternative to Liposuction
• Lipo Laser safely melts away FAT and CELLULITE from your waistline, legs, buttocks & love handles.
• Discover EMS (Electro Muscle Stimulation).
• One 18 minute EMS Core session is equivalent to 200 - 500 perfectly formed sit-ups.
• EMS can also help build, tighten and tone any major muscle groups.
3335 West 4th Ave., in Kits • 604 904 0888
www.vancouverlipolaser.com

YANNI
WORLD TOUR • CANADA 2014
FRIDAY, SEPTEMBER 12
QUEEN ELIZABETH THEATRE
ON SALE FRIDAY!
GIVE THE GIFT OF YANNI THIS VALENTINE'S DAY
TICKETS AVAILABLE ONLINE AT TICKETMASTER.CA, BY PHONE AT 1-855-985-5000, OR IN PERSON AT ALL TICKETMASTER OUTLETS
WWW.YANNI.COM
PAULMERCS

Canna Clinic
Medicinal Cannabis Dispensary
Are You Eligible?
604-558-2454
Open 7 days per week
10am-8pm (Mon-Fri) & 10am-7pm (Sat & Sun)
758 East Broadway · info@mycannaclinic.com
www.mycannaclinic.com

LIFE 3

Dip your toe into Africa

Namibia. Try a road trip, hiking up sand dunes or a four-wheeler adventure in this southwestern African nation

ANDREW JOHN VIRTUE DOBSON
dobbernation
dobbernationloves.com

The hike up the dune nicknamed Big Daddy, in Namib-Naukluft National Park, is a three-hour fitness challenge. ANDREW JOHN VIRTUE DOBSON/FOR METRO

Europeans have been keeping this a secret. For years they have quietly been adventuring through Namibia, renting cars and hitting the road in search of an Africa that still seems untouched by the tourist hordes that descend on destinations like South Africa and Tanzania. Those looking to plan the ultimate African road trip will find an affordable and safe adventure here.

The mighty dunes of Sossusvlei

One of Namibia's star tourist attractions can be found in the Namib-Naukluft National Park. Photography fans will need to ready themselves for the jaw dropping views of Sossusvlei, a huge clay area enclosed by giant sand dunes. A real fitness challenge for any visitor is the three-hour hike up Big Daddy, a sand dune considered to be the world's tallest, towering 380 metres above the landscape. After you catch your breath, take a few minutes to admire the eerie Deadvlei, where dead trees — some believed to be more than 900 years old — stand silent against the sun-scorched clay landscape.

Exploring the coast

Located on the Atlantic coast, Swakopmund is the breezy beach resort where Angelina Jolie gave birth to her and Brad Pitt's first biological child. While the city offers a few blocks of worthwhile shopping, tourists are mostly here to enjoy the adventures in the nearby countryside.

Thrill seekers can hop on a four-wheeled motorbike and zoom over the boundless expanse of shifting sand dunes. You can spend hours zigzagging through the world's largest sandbox. A quick drive to the south of Swakopmund is Walvis Bay Harbour, where you can hop on a boat trip along the coast. The yachts are chased by enthusiastic pelicans as they make their way to the massive Cape fur seal colony in the region. If you're lucky you'll also spot a few dolphins.

Safari thrills at Etosha National Park

If you want to enjoy the thrill of a quintessential African safari, you will want to add Namibia's crown jewel, Etosha National Park, to your itinerary. Etosha's watering holes, scattered throughout the park's 22,000 square kilometres, are the gathering place for a number of exotic animals, with an estimated 300 lions, 200 rhinos, 2,000 giraffes and 1,500 elephants that call the park home.

A common sight are the dainty springbok. It's estimated more than 30,000 of these brown and white antelope-gazelles can be found prancing about in enormous herds through the park.

About Namibia

Namibia derives its name from the Namib Desert. It stretches 2,000 kilometres from the Orange River in the south to the Kunene in the north. While Namibia is four times the size of the U.K., it is the most sparsely populated country in the world. In the 1800s, Germany used the port town of Swakopmund as its main harbour while colonizing southwest Africa. Namibia's connection to Germany is still present: Air Namibia flies visitors to Windhoek through Frankfurt. Visit airnamibia.aero.

SAVE $300 PER COUPLE
Book online and get 10,000 BONUS AEROPLAN® MILES
aeroplan
on select packages including resorts in Barbados* details at aircanadavacations.com
AIR CANADA VACATIONS
BARBADOS
Call 1 877 236-6228 or your travel agent. New bookings only. Subject to availability at time of booking. Offer is subject to change without notice and cannot be combined with any other offer or promotion. Not applicable to group bookings. Flights operated by Air Canada or Air Canada rouge. For applicable terms and conditions, consult the Air Canada Vacations brochures or www.aircanadavacations.com. Holder of Quebec permit #702566. TICO registration #50013537. BC registration #32229. For terms and conditions of the Aeroplan program, consult www.aeroplan.com. ■ *Book by Feb 17 for travel from Feb. 3 and completed by Dec. 31, 2014. Minimum package price: $1250 per person before taxes. For travel agents: applicable only to bookings made at aircanadavacations.com. Not applicable to group bookings. ■ ®Aeroplan is a registered trademark of Aimia Canada Inc. ®Air Canada Vacations is a registered trademark of Air Canada, used under license by Touram Limited Partnership, 1440 St. Catherine W., Suite 600, Montreal, QC. Visit www.aircanadavacations.com for up-to-date information.

Hawaiian culture at its finest

Maui isn't just a pretty island. JIM BYERS/FOR METRO

A luau at the Westin Maui on Kaanapali Beach is a great way to get a taste of Hawaiian culture. JIM BYERS/FOR METRO

Maui. Behind the posh resorts is an island that's rich in traditional lore

JIM BYERS
@jimbyerstravel
jimbyerstravel.com

Don't let the glittering resorts and the high-end hotels fool you. There's still plenty of "real Hawaii" to be found on the tropical paradise that is Maui. Here are some of my favourite ways to get a sense of Hawaiian culture on one of the world's best islands.

Hotels

Many places on Maui feel like they could be almost anywhere. But some strive to give a real sense of Hawaii. The Ritz-Carlton Kapalua has a program where local experts in history and culture will take you into the hills high above the resort and explain the ancient Hawaiian ways. At the lovely and low-key Kaanapali Beach Hotel, you can see an old-style outrigger canoe they helped build and also learn to play the ukulele or make flower leis. On the other side of the island, the Travaasa Hana hotel plays it mellow with lovely local products and a chance to learn the hula or get a Hawaiian "lomilomi" massage in one of the top-rated spas in the U.S.

Shows

The Old Lahaina Luau gets consistently excellent reviews for its show and array of good Hawaiian food. The Westin Maui, on fabulous Kaanapalii Beach, has an excellent show with gorgeous dancers and plenty of fire sticks being tossed about by trim young men in Hawaiian garb. My personal favourite is the Wednesday night slack key guitar show at the wonderful Napili Kai Beach Resort. Host and multiple Grammy Award winner George Kahumoku Jr. tells rich stories about his life in Hawaii (some of them might even be true) and plays a fast-paced, beautiful guitar with slackened keys.

Nature

Take a hike through verdant jungles around the Iao Needle or even part of the way up the slopes of mist shrouded Puu Kukui mountain on West Maui. Swim in a pool below a stunning waterfall just off the road to Hana. Or do like hundreds of other folks do and make the morning trek to the top of Mt. Haleakalā for a morning sunrise you won't forget. You go from sea level to more than 10,000 feet in less than two hours' driving and there's incredible hiking in an otherworldly, red and brown dirt crater. Or check out the visitor paddling program at the Kihei Canoe Club.

Towns

Lahaina is great for learning about Maui's whaling history. They display artefacts from Chinese immigrants at the Wo Hing Temple and even play old Hawaiian films made by Thomas Edison. Wailuku has old-time wood-front buildings, a classic old theatre and lots of entertaining locals. But for a real taste of "authentic" Hawaii, head up the slopes of Haleakalā to the town of Makawao. Hawaiian cowboys, called paniolos, live up this way and mix with a vibrant artistic community to make for a unique community. There's even an annual rodeo every July 4.

Accept no imitations
Travel beyond the expected
with the original Insiders
Save up to
$1,374**
per couple
No currency surcharge!
Quote PPTMET509
Flavours of Italy
11 days
From $2,999* pp
twin share
Bolognese in Bologna, Chianti in Tuscany. This 'foodie' trip explores Italian cuisine through Insider moments, like making handmade ravioli with Libero, our favourite Florentine chef.
Imperial Europe
11 days
From $1,950* pp
twin share
Central Europe comes alive in Prague, Vienna and Budapest as you meet locals like Conrad, who tells you over dinner at his vineyard how a wine barrel saved a Jewish neighbour in the war.
Book early and save more
Visit your Travel Agent
Call 1-800-352-4444
Or visit www.trafalgar.com
TRAFALGAR
see the world from the inside
Terms & Conditions: *Advertised prices are land-only inclusive of all taxes. Prices are valid on the following dates – Flavours of Italy: July 5, 12, 19, 26, Aug 2, 9, 16 & 23, 2014; Imperial Europe: Apr 3 & 10, 2014. Refer to our website and brochures for other dates and rates. **Save 7.5% plus a Metro Bonus Savings of $50 per person, when you book and pay by March 31, 2014 on selected 2014 Europe & Britain, CostSaver, At Leisure and Family Experiences guided vacations (see brochure or www.Trafalgar.com for full details). Combinable with other brochure discounts. Subject to availability; may be withdrawn at any time. Please quote promo code PPTMET509 at time of booking. Sample savings of $1,374 per couple ($687 per person) is based on the European Supreme itinerary, departing June 2, 2014, if paid in full by March 31, 2014.
ACTA # 1583987W. 33 Kern Rd, Toronto ON M3B 1S9.

Flights | VACATION PACKAGES | Hotels | Car rental | Cruises | Things to do | Insurance | Mobile

ESCAPE WINTER SALE

Break out of the snow globe.

Book your beach vacation now and save up to 50%* on your stay, all backed by our Best Price Guarantee.†

Expedia.ca
Your trip, your way.

*Discount limited to hotel portion of bookings only (off Expedia.ca prices) purchased by Feb. 28/14 for travel between Dec. 10/13 and Mar. 31/14. Savings vary and start at 20%, depending on the hotel. Some conditions apply. Only valid on select "Escape Winter Sale" hotel properties. Offer subject to change or cancellation without notice. See www.expedia.ca for full details. †Claim must be made within 24 hours after qualifying Expedia.ca booking, must be submitted via the Expedia.ca website and is subject to review. Other conditions apply. Visit www.expedia.ca for full details. © 2013 Expedia, Inc. All rights reserved. Expedia, Expedia.ca and the Airplane logos are registered trademarks, or trademarks, of Expedia, Inc. in the U.S. and/or other countries. Ticket fulfilment services provided by Tour East Holidays (Canada) Inc., 15 Kern Road, Suite 9, Toronto, Ontario, M3B 1S9. TICO Registration No.: 50015827 and Tour East Holidays (Canada) Inc., 2000 Peel Street, Suite 735, Montreal, QC, H3A 2W5. Quebec Licence No.: 702246.

Get into the Olympic spirit at Whistler

Lots of legacy. The Vancouver Games left behind a host of great venues — now open to tourists looking for a taste of Olympic glory

ON THE MOVE
Loren Christie
life@metronews.ca

Check out some of the Olympic sites in Whistler and relive the 2010 Olympic Games. FLICKR

With the 2014 Sochi Olympic Games upon us, Whistler — proud co-host of the 2010 Games — is keeping its Olympic legacy alive and well by allowing tourists to follow in the tracks of champions.

The skeleton course at the Whistler Sliding Centre is the fastest and steepest track in the world. I recently took the head first plunge down the icy track; in the final bend my speed clocked in at 95.6 kilometres an hour. It took me 31 seconds to complete, just enough time to be exhilarated and terrified in the same breath. If you are more comfortable with strength in numbers, you can also try out the bobsled in groups of four. Both experiences will cost you $169 plus tax.

The mountains of Whistler Blackcomb offer more than 8,000 acres of skiable terrain, but skiers and boarders shouldn't miss the official alpine venue. The Dave Murray Downhill and Franz's runs on Whistler Mountain were part of both the men and women's alpine events during the 2010 Winter Games. Anyone with a lift ticket can follow in the athletes' tracks; their speeds may be harder to replicate. There are numerous packages available which will save you some money, but count on roughly $100 a day for lift tickets.

Those interested in Nordic skiing are welcome to check out Whistler Olympic Park. The 56 kilometres of public ski trails are groomed for both skate and classical skiers, and range from beginner to bona fide Olympic levels. Entry to the park is $10. With the guidance of an instructor, you can also try your hand at biathlon using a .22 calibre rifle. After doing a skate ski loop, you are given five rounds to fire at a target. Be warned that after some cardio excursion and fresh mountain air, the steady hand and even breathing required to be a straight shooter do not come easily.

For those who prefer to follow in the athletes' footsteps without breaking a sweat, check out Whistler Olympic Plaza. Once the medal ceremonies were finished, the space was converted into an outdoor performance space featuring art celebrating the Games and an outdoor skating rink in the winter months. You can also spend the night in Cheakamus Crossing, site of the Athletes Village, by getting a room in the Hostelling International hostel. Once home to the athletes, it's been converted into an extremely affordable 55-bed hostel.

Slide the same track that the 2010 Olympians zoomed down at the Whistler Sliding Centre. BC LIVING/FLICKR

Bucket List

Swiss Alps can revive the spirit

Weggis, a little town just across the river from Lucerne, Switzerland, is your springboard to 1,800-metre Mount Rigi in the pre-Alps. The town is enjoying a resurgence of its former status as a spa playground in the 1940s, though it's been known for its healing waters since the 16th century (Queen Victoria and Mark Twain were both big fans). Leading the revival is the Rigi Kaltbad Mineral Baths & Spa, built into the mountain. But don't stop there: Head to the very top of the mountain via cogwheel railway to Rigi Kulm and drink in the view, winter or summer. Visit luzern.com/en/rigi.

DOUG WALLACE/METRO

Contest

Show our athletes love

Air Canada is hosting a Rise Up Canada contest, where you can enter to win one of four $500 Air Canada gift cards. With each entry, Canadians increase the value of the gift cards given to all 250 Canadian Olympic athletes. The grand prize is a trip for two to the Summer Games in Rio. Visit riseupcanada.ca.

DOUG WALLACE/METRO

Trend

Ski trip GPS

High tech ski resorts offer GPS systems that not only keep track of your kids, but also your skiing, too. Manage the day's data yourself with a tracking app. Ski Tracks GPS is the most popular, logging distance, speed, altitude, slope angles and more. $0.99 at iTunes and Google Play.

DOUG WALLACE/METRO

How-to

Keep travel expenses down

1. Select the red-eye flight to shave a night — or two — off the hotel bill. 2. Skip the expensive hotel laundry service and Google your nearest laundromat instead. (Bonus: You can pack lighter.) 3. Negotiate a travel plan for your mobile phone. 4. Never ever touch the mini bar. BYOB — just not in your carry-on, please.

DOUG WALLACE/METRO

Find out what happens in Vegas.

From: Vancouver

From $299* Flamingo Las Vegas ★★★
Round-trip air + 3 nights + transfers
Travel March 10, 2014
Plus $136 taxes & fees

From $349* Monte Carlo Hotel and Casino ★★★★
Round-trip air + 3 nights + transfers
Receive up to 2 premium show tickets^
Travel March 10, 2014
Plus $141 taxes & fees

From $429* Vdara Hotel and Spa ★★★★★
Round-trip air + 3 nights + transfers
Travel March 10, 2014
Plus $148 taxes & fees

Book your complete vacation package today at westjetvacations.com.

LAS Vegas USA Discover America .com WESTJET vacations

*Book by February 17, 2014 (11:59 p.m. MT). Round-trip from Vancouver. Advertised fares based on non-stop flights. Other departure cities and dates available, and prices may be higher. Limited quantities available. Taxes and fees not included. Advertised taxes and fees for U.S. destinations can fluctuate based on exchange rate. Price is per guest, based on double occupancy unless otherwise specified. Transfers not included unless otherwise specified. Fuel surcharge between $44-$90 round-trip still applies to Air Miles™ redemption bookings. Price is accurate at time of printing deadline. Non-refundable. Advance booking required. New bookings only. Visit westjetvacations.com for details. ^Show tickets must be booked within 72 hours of booking your WestJet Vacations package. Minimum 3-night stay required. Non-transferrable, non-refundable, not available over holidays or blackout dates, may not be combined with any other offer. 21 years of age minimum. Visit westjetvacations.com for full offer details.

CAREER FINDER

FLIGHT CENTRE
The Airfare Experts

Want to leave your mark on the travel industry?

You're eager to get your hands on a new opportunity. You want a career that brings out your best and offers great incentives and big rewards. Of course you love to travel and believe you have the edge and experience when it comes to sales.

Apply online today!

flightcentre.ca/careers

2014 Best Employers in Canada By Aon Hewitt

Become a
Certified
Life Coach
online or in person
Register by February 28th to receive tuition discount on April Training Only
Call: 604-708-4416
Start your new career now!
Professional Counsellor Diploma
Addictions Counsellor Diploma
Wellness Counsellor Diploma
www.rhodescollege.ca • 604-708-4416
RHODES WELLNESS COLLEGE
ACSTH

Visit metronews.ca
metro

Spoil your sweetie with the decadence of white chocolate

Sweet Week. Midway through Metro's Valentine's Day treats series, we indulge in a sophisticated cake

This recipe makes one single-layer cake. THE CANADIAN PRESS

To be classified as chocolate, white chocolate has to have at least 20 per cent cocoa butter. This cake has a secret ingredient, with white chocolate in both the cake and frosting.

Ingredients

Cake
- 85 g (3 oz) white chocolate, chopped
- 300 ml (1 1/4 cups) flour
- 175 ml (3/4 cup) sugar
- 2 ml (1/2 tsp) salt
- 1 ml (1/4 tsp) baking soda
- 75 ml (1/3 cup) buttermilk
- 50 ml (1/4 cup) butter, softened
- 4 large egg whites
- 5 ml (1 tsp) vanilla

White Chocolate Frosting
- 125 g (4 oz) white chocolate, chopped
- 125 ml (1/2 cup) cream cheese, softened
- 125 ml (1/2 cup) butter, softened
- 5 ml (1 tsp) vanilla

Topping
- 50 g (1 3/4 oz) dark chocolate shavings
- Maraschino cherries

1. Cake: Coat a 15-cm (6-inch) cake pan with non-stick cooking spray and lightly flour. Line bottom of pan with parchment, then spray and flour again.

2. In heatproof bowl, melt white chocolate in microwave for 15 seconds, then stir. Repeat until half chocolate is melted.

3. In a large bowl, combine flour, sugar, salt, baking soda, buttermilk and butter. Mix on low speed with electric mixer until all dry ingredients are completely moistened. Stir in melted chocolate.

4. In a clean, dry bowl, beat egg whites and vanilla until stiff peaks form. Gently fold batter into egg whites. Spread evenly in cake pan. Tap on counter to remove any air bubbles.

5. Bake in a 180 C (350 F) oven for 20 to 30 minutes or until toothpick comes out clean (cake does not develop a typical outside skin). Let cool in pan on a rack, then remove from pan.

6. Frosting: In heatproof bowl, melt white chocolate in microwave for 15 seconds, then stir. Repeat until half the chocolate is melted. In a large bowl, beat softened cream cheese until smooth. Gradually beat in melted chocolate. Add butter and vanilla and blend thoroughly until smooth. Ice cooled cake.

7. Top with dark chocolate shavings and maraschino cherries.

THE CANADIAN PRESS/ GARY MITCHELL, HEAD CHOCOLATIER, PURDYS CHOCOLATIER, VANCOUVER.

www.modernps.ca 604-559-1315
Rent To Own
Having trouble getting financed, or simply want to stop renting?
Not enough down payment?
Past credit issues?
Self employed?
We Can Help!
MODERN Property Solutions
Visit our website or call today for more information

Are you looking to hire? Interested in wage subsidy?
We can help!
Neil SQUIRE SOCIETY
Learn more about the Neil Squire Society's Wage Subsidy employment program and discover the benefits of hiring someone with a disability today.
Contact Doug at 604.637.3577
This project is funded by the Government of Canada's Opportunities Fund for Persons with Disabilities
Canada
www.neilsquire.ca

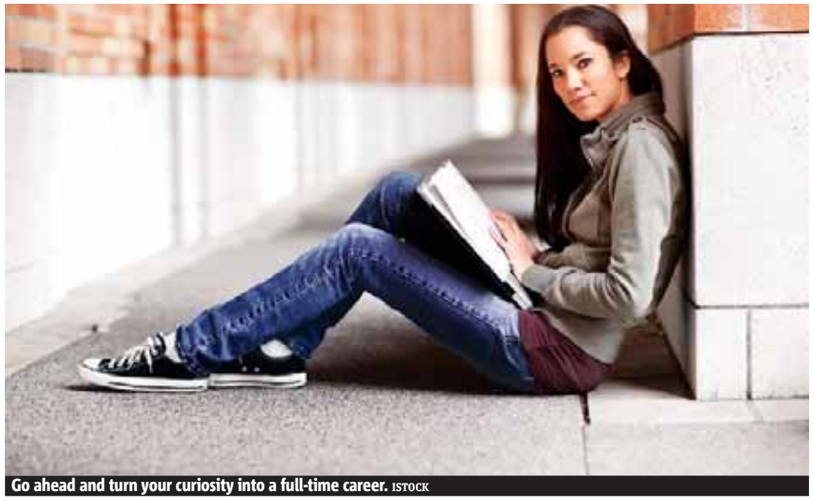
Seeking out a field with a focus?

Study up on the specific. Check out four Aboriginal-focused post-secondary programs in Canada

ROSIE HALES
TalentEgg.ca

Picking the right post-secondary program can be a difficult task: you need to choose something you enjoy that will also complement the career path you want to take.

Exploring the different options can be really exciting, especially when Canada has so many fantastic options for post-secondary education. Here are a few programs at different institutions throughout Canada that offer programs with an Aboriginal focus for you to check out.



Go ahead and turn your curiosity into a full-time career. ISTOCK

Yukon

Place: Yukon College Program: Native Language Instructor Certificate or Diploma

- If you have command of a native language, then why not consider teaching it? You'll get to work with children and young adults. This program involves practice sessions, group discussions and other activities to develop your teaching skills. Language is a key foundation of a culture, so teaching one is important for transmitting cultural knowledge to future generations.

- **What can I do with this degree?**
- Teacher
- Translator or communicator
- Linguist

Alberta

Place: Keyano College
Program: Aboriginal Entrepreneurship

This program was designed to allow individuals working in the Aboriginal business industry to acquire business skills and knowledge without having to relocate to study. Not only does the program foster success, but it promotes business in both the Aboriginal sector and non-Aboriginal sector. If you've got an Alberta high school diploma or the equivalent or you're a mature student of 21 years or older, then you should definitely take the time to apply.

What can I do with this degree?

Become an entrepreneur. You'll be able to create the job you want in the industry you want — sounds perfect, right? Becoming an entrepreneur will give you all the freedom you want and the chance to take responsibility for something of your own creation — a totally rewarding and exciting endeavour.

Nova Scotia

Place: Cape Breton University, cbu.ca
Program: Bachelor of Science Community Studies, Integrative Science

Not to be confused with integrated science, integrative science is the bringing together of scientific knowledges from the indigenous and Western worlds. This is known as Toqwa'tu'kl Kjijitaqnn in the Mi'kmaq language and as "Two-Eyed Seeing" in the words of Mi'kmaw Elder Albert Marshall.

This program allows students to learn to see from the strengths of both indigenous and mainstream scientific knowledge and to use this knowledge to benefit others.

What can I do with this degree?

- A career in health care (for example, medical careers such as a doctor, naturopath, dietitian)
- Scientific research
- A career in the Canadian government

Ontario

Place: Wilfrid Laurier University
Program: Master of Social Work in Aboriginal Field of Study

This is the first Master of Social Work program in Canada that is rooted in indigenous world views and combines this with current social work practice. Upon graduating from this program, you'll have a greater understanding and respect for the traditions and histories of indigenous Canadians. You'll gain firsthand knowledge and experience through teachings from indigenous elders.

What can I do with this degree?

* Social worker
* Journalism
* Outreach program developer

Dedicating gold to Sarah Burke's memory

'This medal is definitely for Sarah.' Dara Howell wins Olympic gold in debut of women's ski slopestyle event

CAM TUCKER
cam.tucker@metronews.ca

Jan Phelan can't recall if she's ever met Dara Howell. Even if they haven't formally crossed paths, they have a deep mutual connection in the late Sarah Burke.

Phelan, an artist who resides in Squamish, B.C., is Burke's mother. Howell is now a gold-medal champion, winning the inaugural women's ski slopestyle event, the final of which took place Tuesday in the early morning hours for us in British Columbia and across Canada.

Howell dedicated her medal to Burke, a pioneer in freestyle skiing who worked to get women's halfpipe into the 2014 Sochi Olympics but tragically passed away far too young during a training run in Utah two years ago.

The International Olympic Committee banned athletes from wearing Sarah Burke stickers in honour of her memory. But her legacy lives on in the words of those whose lives she touched, including Howell.

"This medal is definitely for Sarah," the 19-year-old Howell told The Canadian Press.

Phelan admitted the sorrow of her daughter's passing will never leave, but she is also overcome with pride knowing the positive impact Burke had on the lives of others.

"It did make me so proud and I'm very touched and very moved," said Phelan of Howell's medal dedication, when contacted by phone Tuesday morning.

"She seems like a lovely young woman. She handled it with such grace and style and it really moves me how prominent Sarah has been in these Olympics and how much people care for her and how this is her legacy."

Howell said in an interview with ESPN two years ago that she first met Burke at Momentum Ski Camps in Whistler.

Burke, a member of the Canadian Olympic Committee Hall of Fame and BC Sports Hall of Fame, was a teacher there, beloved by the campers, admired and respected by her peers.

Phelan, like many Canadians, has spent the last few days watching the Olympics.

"I've constantly been watching it," she said with a laugh.

"There's a lot of sorrow. I miss her terribly. I don't think that will ever go away but I'm still very proud of Sarah and what she achieved."

Follow Cam Tucker on Twitter @camtucker_metro

Sarah Burke, pictured, was acknowledged by many freestyle skiers at the women's slopestyle event in Sochi, Russia, on Tuesday for her pioneer role in the sport. GETTY IMAGES FILE

Howell shoots upward on rugged course

Canada's Dara Howell competes in the women's freestyle skiing slopestyle event on Tuesday in Krasnaya Polyana, Russia. CAMERON SPENCER/GETTY IMAGES

On a day when ski slopestyle queen Kaya Turski crashed out after being laid low by a virus, fellow Canadian Dara Howell stepped up and threw down a memorable run.

The dominant performance earned the bubbly 19-year-old from Huntsville, Ont., gold in the inaugural Olympic ski slopestyle competition Tuesday. Quebec City's Kim Lamarre nailed her final run to claim bronze behind American Devin Logan and complete a day of thrills and spills.

Slopestyle is Don Cherry's kind of Olympic sport: rock 'em, sock 'em on skis. It is high-risk, high-reward stuff, combining eye-popping tricks with stomach-cringing crashes.

Quoted

I think that's the best run I've ever done in my entire life." Dara Howell

Turski showed amazing grit in popping her shoulder back on the course after her first fall. And sixth-place Yuki Tsubota of Whistler was stretchered off the course and taken to hospital with a suspected jaw injury from a tumbling crash-landing of truly Olympic proportions.

But the day belonged to Howell and her exclamation-point first run in the final.

"Not only the execution of each of the tricks but the overall cleanliness and flow of the tricks, the DD (degree of difficulty)," said Peter Judge, CEO of the Canadian Freestyle Ski Association and the Canadian freestyle team leader. "(In) almost every piece of it, she excelled."

Howell's winning run earned a score of 94.20, well ahead of Logan (85.40) and Lamarre (85.00).

THE CANADIAN PRESS

Around Sochi

Fleur-de-lis flurry

Quebec athletes continue to lead the way for Canada in Sochi, with Kim Lamarre's bronze in slopestyle skiing giving the province six of Canada's nine medals. And there's likely more to come, with Charles Hamelin among those looking to up the sum.

Gough just misses

Alex Gough produced the best Canadian Olympic result ever in luge, but don't expect the Calgary slider to be satisfied. Gough was tearful after racing to a fourth-place as Canada still looks for its first Olympic medal in luge.

McDreamy

According to Twitter statistics over a recent 24-hour period, Canada's first medallist is a heart throb on social media. An image of snowboarder Mark McMorris was the most retweeted globally with more than 16,000 retweets and some 30,000 favourites.

THE CANADIAN PRESS

No period of grace for Canada

Team Canada goalies Carey Price and Roberto Luongo talk during practice at the Sochi Winter Olympics on Tuesday. ADRIAN WYLD/THE CANADIAN PRESS

Men's hockey. Players put past insurance adversity behind them as they fast forward to their opening game

Patrick Sharp wore hockey gloves, held a hockey stick but didn't have hockey skates on his feet.

Sneakers replaced those for ball hockey walk-throughs at Canada's Olympic orientation camp in August because players weren't insured to skate.

At one time Sharp wondered about the absurdity of the situation.

"You kind of think to yourself, 'Is this really going to pay off come February?' And it does," Sharp said, now with the benefit of hindsight. "Since we've been here, things are happening quick and it seems like we're picking up where we left off in the summertime."

What was a punchline back then in retrospect became one step of Team Canada's journey to Sochi. Only now, after a couple of days of practice at Bolshoy Ice Dome, are players seeing the fruits of that exercise as they prepare to open the Olympic tournament Thursday against Norway.

"We did some drills today that were a little bit of evolution of that," forward John Tavares said. "Just some very basic things in the summer, then you kind of just (get a) refresher and obviously a little bit more intense once you're on the ice."

Tuesday's practice was much more reminiscent of an actual NHL workout than the brief skate Canada got in Monday night several hours after landing.

With only a limited amount of time to turn 25 stars into a team before the games begin, coaches turned immediately to drilling on systems and special teams.

The players are finally able to concentrate on the task at hand in Sochi. For a long time they had to put the Olympics out of mind and worry about their own NHL teams and their own problems.

A night's sleep in the athletes village and a hard-working, hard-learning practice got players into a groove.

"You've got to kind of stop your thinking that, 'Hey, there's Sidney Crosby from the Penguins and (start thinking) 'That's Sidney Crosby from Team Canada,'" Sharp said. "That's the team we're playing for now. We're all together. I think we feel that way now, already in Day 2."

THE CANADIAN PRESS

Women's hockey

Canada faces its arch-rival the United States in their final preliminary round game on Wednesday.

- **Semifinal bound.** Both teams locked up spots in the final four after 2-0 starts.
- **Not holding back.** Players and coaches on both teams insist they won't keep strategy or anything under wraps despite a possible rematch in the medal round.

Curling. Jones, Canada triumph over Sweden

Skip Jennifer Jones curled a perfect game on Tuesday as Canada remained undefeated in round-robin play after a 9-3 victory in eight ends over Sweden in the women's curling tournament at the Sochi Winter Games.

The Winnipeg native made all 16 of her shots as the Canadians got on the board first with two in the second end, and followed that with two more apiece in the fourth and sixth ends. Jones sealed the victory with three in the eighth.

"I never look at the stats, but I felt like we played really well as a team today," said Jones. "The girls just left me some makeable shots and I made them."

Margaretha Sigfridsson and her Swedish rink (1-1) took singles in the third, fifth, and seventh ends.

"We played a good game," Sigfridsson said, "but that is not enough when you play a team that is playing perfect."

The Canadian rink was pleased about its perfect record two days into the tournament.

Canada faces Great Britain in its next match on Wednesday. THE CANADIAN PRESS

Canada skip Jennifer Jones.
ROBERT F. BUKATY/THE ASSOCIATED PRESS

Men suffer meltdown

Brad Jacobs and Canada lost their second game in a row falling 7-6 to Sweden on Tuesday.

- **Swede Victory.** Skip Niklas Edin won it on the final throw of the match
- **Ohh Canada.** Our team from Sault Ste. Marie fell to 1-2 including Monday's 5-4 upset by Switzerland. Sweden improved to 3-0.

MEDALS

Nation	G	S	B	Tot.
Norway	4	3	4	11
Canada	**4**	**3**	**2**	**9**
Netherlands	3	2	3	8
United States of America	2	1	4	7
Russian Federation	1	3	3	7

WHAT CANADA DID

TUESDAY

BIATHLON

Women's 10 km Pursuit - Zina Kocher, Red Deer, Alta., 25th, (32 minutes, 15.1 seconds, +2 minutes, 44.4 seconds); Megan Imrie, Falcon Lake, Man., 28th, (32:22.7); Rosanna Crawford, Canmore, Alta., 45th, (34:15.6); Megan Heinicke, Prince George, B.C., DNF.

CROSS-COUNTRY SKIING

Ladies' Sprint Free Qualification - x-Perianne Jones, Almonte, Ont., 23rd, (two minutes 38.63 seconds, +6.56 seconds); x-Daria Gaiazova, Banff, Alta., 27th, (2:40.04); Heidi Widmer, Banff, Alta., 43rd, (2:43.36); Chandra Crawford, Canmore, Alta., 44th, (2:43.59).

x- qualified for quarter-final

Ladies' Sprint Free Quarter-finals - Heat 2: Daria Gaiazova, Banff, Alta., 5th, (two minutes 40.45 seconds, +3.44 seconds); **Heat 5:** Perianne Jones, Almonte, Ont., 5th, (2:38.66, +3.79 seconds)

Ladies's Sprint Free Final Ranking: Perianne Jones, Almonte, Ont., 23rd; Daria Gaiazova, Banff, Alta., 25th; Heidi Widmer, Banff, Alta., 43rd; Chandra Crawford, Canmore, Alta., 44th.

Men's Sprint Free Qualification - x-Alex Harvey, St-Ferreol-les-neiges, Que., 19th, (three minutes, 36.08 seconds, +7.73 seconds); Len Valjas, Toronto, 36th, (3:39.87); Jesse Cockney, Canmore, Alta., 53rd, (3:44.36); Devon Kershaw, Sudbury, Ont., 56th, (3:45.77)

x- qualified for quarter-final

Men's Sprint Free Quarter-finals - Heat 4: Alex Harvey, St-Ferreol-les-neiges, Que., 4th, (three minutes, 37.89 minutes, +1.75 seconds).

Men's Sprint Free Final Ranking: Alex Harvey, St-Ferreol-les-neiges, Que., 19th; Len Valjas, Toronto, 36th; Jesse Cockney, Canmore, Alta., 53rd; Devon Kershaw, Sudbury, Ont., 56th

CURLING

Women's Round Robin - Canada 9 Sweden 3

Men's Round Robin - Sweden 7 Canada 6

FIGURE SKATING

Pairs Short Program - x-Meagan Duhamel (Lively, Ont.) and Eric Radford (Balmertown, Ont.), 5th, (72.21); x-Kirsten Moore-Towers (St. Catharines, Ont.) and Dylan Moscovitch (Toronto), 6th, (70.92); x-Paige Lawrence (Kennedy, Sask.) and Rudi Swiegers (Kipling, Sask.), 13th, (58.97).

x- qualified for the Free Program on Feb. 12.

FREESTYLE SKIING

Ladies' Ski Slopestyle Qualification - x-Dara Howell, Huntsville, Ont., 1st, (88.80); x-Kim Lamarre, Quebec City, 2nd, (85.40); x-Yuki Tsubota, Whistler, B.C., 4th, (81.00); Kaya Turski, Montreal, 19th, (28.00).

x- qualified for final

Ladies' Ski Slopestyle Final - Dara Howell, Huntsville, Ont., **Gold Medal**, (94.20); Kim Lamarre, Quebec City, **Bronze Medal**, (85.00); Yuki Tsubota, Whistler, B.C., 6th, (71.60).

LUGE

Women's Singles Run 3 - Alex Gough, Calgary, 4th, (50.286 seconds, +0.521); Kimberley McRae, Calgary, 5th, (50.356); Arianne Jones, Calgary, 11th (50.745).

Women's Singles Run 4 - Alex Gough, Calgary, 5th, (50.426 seconds, +0.237); Kimberley McRae, Calgary, 5th, (50.620); Arianne Jones, Calgary, 10th (50.608).

Women's Singles Final Ranking: Alex Gough, Calgary, 4th, (three minutes, 21.578 seconds, +1.81 seconds); Kimberley McRae, Calgary, 5th, (3:21.895); Arianne Jones, Calgary, 13th, (3:23.183).

SKI JUMPING

Ladies' Normal Hill Individual 1st Round - Taylor Henrich, Calgary, 7th, (118.2 points); Atsuko Tanaka, Calgary, 8th, (117.8 points).

Ladies' Normal Hill Individual Final Round - Atsuko Tanaka, Calgary, 12th, (231.3 points); Taylor Henrich, Calgary, 13th, (230.4 points);

SNOWBOARD

Men's Halfpipe Qualification - Heat 1: Derek Livingston, Aurora, Ont., 10th (70.25); **Heat 2:** Crispin Lipscomb, Whistler, B.C., 12th (65.25); Brad Martin, Ancaster, Ont., 19th, (31.25).

Men's Halfpipe Final Ranking: Derek Livingston, Aurora, Ont., 19th; Crispin Lipscomb, Whistler, B.C., 23rd; Brad Martin, Ancaster, Ont., 39th.

SPEED SKATING

Ladies' 500 m Race 1 of 2 - Christine Nesbitt, London, Ont., 11th (38.53 seconds, +1.11 seconds); Anastasia Bucsis, Calgary, 27th (39.272); Marsha Hudey, White City, Sask., 32nd (39.59); Danielle Wotherspoon-Gregg, Red Deer, Alta., 33rd (39.76).

Ladies' 500 m Race 2 of 2 - Christine Nesbitt, London, Ont., 12th, (38.61 seconds, +1.33 seconds); Anastasia Bucsis, Calgary, (39.25); Danielle Wotherspoon-Gregg, Red Deer, Alta., (39.56); Marsha Hudey, White City, Sask., (39.63).

Ladies' 500 m Final Rankings: Christine Nesbitt, London, Ont., 12th, (77.15 seconds, +2.45 seconds); Anastasia Bucsis, Calgary, 28th, (78.52); Marsha Hudey, White City, Sask., 32nd, (79.22); Danielle Wotherspoon-Gregg, Red Deer, Alta., 33rd, (79.32).

CURLING

MEN

All Times Eastern

Tuesday's results

Sweden 7 **Canada 6**
China 9 United States 4
Britain 7 Germany 6
Norway 9 Russia 8

Wednesday's games

Denmark vs. United States, 12 a.m.
Norway vs. Germany, 12 a.m.
China vs. Switzerland, 12 a.m.
Germany vs. China, 10 a.m.
Switzerland vs. Britain, 10 a.m.
Russia vs. **Canada**, 10 a.m.
Denmark vs. Sweden, 10 a.m.

WOMEN

All Times Eastern

Tuesday's results

Switzerland 7 Denmark 6
Canada 9 Sweden 3
Russia 9 United States 6
South Korea 12 Japan 7
Britain 12 United States 3
Switzerland 8 South Korea 6
Japan 8 Denmark 3
China 7 Russia 5

Wednesday's games

Japan vs. Russia, 5 a.m.
United States vs. China, 5 a.m.
South Korea vs. Sweden, 5 a.m.
Canada vs. Britain, 5 a.m.

HOCKEY

PRELIMINARY ROUND

All times Eastern

MEN

Wednesday's games

Czech Republic at Sweden, 12 p.m.
Latvia at Switzerland, 12 p.m.

WOMEN

Tuesday's results

Sweden 4 Germany 0
Russia 2 Japan 1

Wednesday's games

Switzerland at Finland, 3 a.m.
Canada at United States, 7:30 a.m.

Ontario figure skaters rise to the occasion

Canadian Meagan Duhamel is thrown into the air by Eric Radford during the pairs short program at the Iceberg Skating Palace on Tuesday in Sochi. Duhamel, from Lively, Ont., and Radford, from Balmertown, Ont., sit in fifth after scoring 72.21 points to qualify for Wednesday's free skate. IVAN SEKRETAREV/THE ASSOCIATED PRESS

'I-Pod' gives Shaun White his exit music

Halfpipe. American snowboarder finishes 4th after failing to land Swiss star's trick

Shaun White lost to a kid they call the "I-Pod," and now he may never hear the end of it.

How big of an Olympic shocker was this? White, the best snowboarder of his era and one of the best-known and best-marketed athletes at the Sochi Games, didn't even win a medal. He finished fourth.

The 27-year-old American, who opted out of the Olympic slopestyle debut and put all his chips in the halfpipe, where he hoped to win a third straight gold medal, got knocked off by Iouri Podladtchikov, the Russian-born inventor of the "Yolo," the trick that White could not master.

"I'm disappointed," White said. "I hate the fact I nailed it in practice, but it happens. It's hard to be consistent."

The Japanese pair of 15-year-old Ayumu Hirano and 18-year-old Taku Hiraoka won silver and bronze, and the Americans were shut out on the halfpipe for the first time since the sport was introduced to the Olympics in 1998.

Podladtchikov, who now lives in and competes for Switzerland, landed the trick successfully at an event in Europe last season, but hadn't done it since.

"I'm about to faint ..." said Podladtchikov, who gets his gold Wednesday.

White watched a replay of I-Pod's trick last March and went to work trying to match it.

He landed it twice in qualifying events and was listed as the heavy favourite to become the seventh person to win three straight gold medals in an individual event at the Winter Games.

THE ASSOCIATED PRESS

Disappointing finish

"The tricks I learned getting ready for the competition will carry on for a couple years.... It's a bummer. I had one of those nights."

American snowboarder Shaun White, on his fourth-place finish.

Christine Nesbitt of London competes on Tuesday in Sochi. MATT DUNHAM/THE ASSOCIATED PRESS

Lee Sang-hwa defends her gold

Lee Sang-hwa burst off the line with a flawless start. She built up speed with each stride on the front straightway — her arms swinging powerfully, her body low to the ice.

By the time Lee came around the final turn, the gold medal was a formality.

"Right now," said silver medallist Olga Fatkulina, "she is almost Usain Bolt."

The South Korean lived up to the hype as the overwhelming favourite in women's 500-metre speedskating Tuesday, zipping around the big oval with the two fastest runs to win her second straight Olympic gold.

The 24-year-old dominated the World Cup circuit this season, winning every event she entered.

Christine Nesbitt of London was the top Canadian in 12th. She finished with a combined time of 1:17.15.

Calgary's Anastasia Bucsis followed in 28th at 1:18.52, Marsha Hudey of White City, Sask., was 32nd in 1:19.22 and Danielle Wotherspoon-Gregg of Red Deer, Alta., was just behind in 33rd at 1:19.32.

THE ASSOCIATED PRESS

Cross-country skiing.

Canadian coach helps Russian cross finish line

In an act worthy of a gold medal for kindness, a Canadian cross-country ski coach gave a new ski to a Russian competitor literally dragging himself after a fall.

Anton Gafarov broke his ski in a crash on a downhill corner. He looked miserable as he approached the last couple hundred metres of the race on Tuesday morning.

When Justin Wadsworth spotted Gafarov the Russian not only had the broken ski, but a strip of P-Tex had peeled off and was wrapped around his leg.

At that point, Gafarov was well behind the pack despite being an early medal favourite. He appeared to be giving it his all to not to give up on the race and cross the finish line in front of his home fans.

Wadsworth left others on the sidelines — including a group of Russian coaches — carrying a spare ski he had for Canadian Alex Harvey. He approached Gafarov and kneeled down. The Russian understood even though they didn't speak. He allowed Wadsworth to remove the broken ski and accepted the spare one before continuing the race.

Anton Gafarov falls with a broken ski on Tuesday. THE ASSOCIATED PRESS

METRO WITH FILES FROM TORSTAR NEWS SERVICE AND THE CANADIAN PRESS

Speedskating.

Viktor Ahn still loyal to winning under new flag in Sochi

New name, new country, nearly the same old Viktor Ahn.

The 28-year-old short track speedskater reached the podium in his return to the Olympics, giving his adopted country of Russia its first medal in the capricious sport.

The bronze Ahn won in the 1,500 metres on the first day of short track competition Monday was his fifth Olympic medal, and first since the 2006 Turin Games. A career-threatening knee injury in 2008 forced him to miss Vancouver four years ago.

"I had to think a lot of things over, then I was injured," he said through a translator. "It was my great pleasure to get back to the sport."

Born in Seoul, Ahn previously competed for South Korea as Ahn Hyun-soo, winning three golds and a bronze at his first two Olympics.

"It's fun to see him back," 1,500 champion Charles Hamelin of Canada said. "He was the one I looked at in 2006 and 2007." THE ASSOCIATED PRESS

See him in action

Ahn returns to the ice on Thursday in the 1,000-metre heats, and he'll be a key member of Russia's team for the 5,000 relay semifinals.

First singles medal

Hamlin makes U.S. history in luge

Erin Hamlin expected an Olympic medal four years ago, and came up empty.

This time around, she expected nothing.

Lowering expectations, it turns out, raised her game.

"Who knew?" she said.

Hamlin won the bronze medal in women's luge Tuesday night at the Olympics, touching off a wild celebration among family and friends in the Russian mountains and a raucous party home in Remsen, N.Y.

Four times in the past, USA Luge has sent a doubles teams to the Olympic podium. But no American had ever won an Olympic singles medal in the sport. Not until Hamlin delivered her bronze on Tuesday.

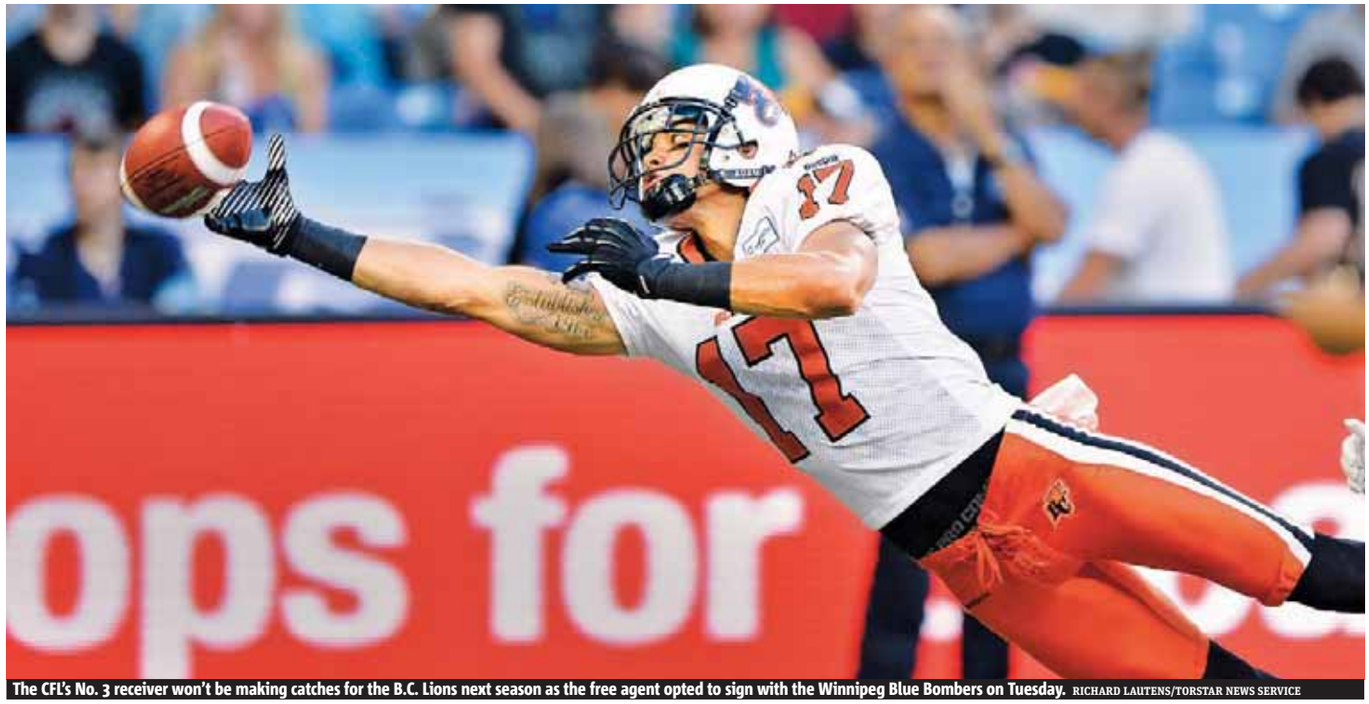
"This time, I was like, 'You know what? I won Worlds before, I've had podium (finishes) and it would be amazing to get on, but if I have four solid runs ... I would be happy with it," Hamlin said.

THE ASSOCIATED PRESS

Lions left to lick their wounds

CFL free agency. B.C. lose the race to re-sign top receiver Moore, strike out on Butler

CAM TUCKER
cam.tucker@metronews.ca



The CFL's No. 3 receiver won't be making catches for the B.C. Lions next season as the free agent opted to sign with the Winnipeg Blue Bombers on Tuesday. RICHARD LAUTENS/TORSTAR NEWS SERVICE

The anticipation for the first day of CFL free agency grew into considerable excitement for some clubs, although that can't really be said for the B.C. Lions.

Shortly after free agency opened at 9 a.m. PT on Tuesday morning, the Lions made contract offers to free agent offensive lineman Josh Bourke, safety Craig Butler, offensive lineman Wayne Smith, linebacker Shea Emry and receiver Nick Moore.

As the minutes and hours ticked away, those players the Lions had coveted began signing with other teams, choosing to take their talents elsewhere in the nine-team league.

Bourke re-signed in Montreal; Butler in Hamilton; Emry — a Vancouver College and UBC product — in Toronto and Moore in Winnipeg.

Moore spent the last three seasons with the Lions, and was third in the CFL in receiving yards in 2013 as he emerged as a prime threat in the pass game.

"We made Nick a very good offer and obviously we got outbid. I look at it, too, that free agency is a period of time that usually drives up prices," Lions general manager Wally Buono told reporters in Surrey.

The Lions also appeared in the running for Butler, a hard-hitting non-import safety from London, Ont., who enjoyed a breakout third season with the Saskatchewan Roughriders last year.

He chose to sign closer to home, inking a deal with the Hamilton Tiger-Cats.

That's despite the social media pleas of Lions defensive back Ryan Phillips, who sent out three tweets in an attempt to persuade Butler to sign in B.C.

However, it was to no avail.

News later followed that Butler signed in Hamilton.

"We made him an excellent offer and he's got to make a decision," said Buono.

The Ti-Cats also locked up former Lions offensive lineman Steve Myddelton.

The Lions made contract offers to re-sign defensive back Josh Bell and defensive end Keron Williams on Monday, prior to the opening of free agency.

Both players were still on the market as of the Metro deadline.

Inflation frustration

"Obviously with the new landscape out there, the cost of players is getting much, much higher."

B.C. Lions general manager Wally Buono on the rising cost of free agents

Michael Sam. Bryant, Bruce fined for tweets

The CFL on Tuesday fined Winnipeg Blue Bombers defensive tackle Bryant Turner and former B.C. Lions receiver Arland Bruce for what it called "… inappropriate comments on social media towards openly gay professional athletes."

Earlier this week, Turner and Bruce, now with the Montreal Alouettes, made anti-gay comments on Twitter toward Michael Sam, an NFL prospect who announced Sunday that he is gay.

"The comments made by these players are extremely disappointing," said CFL Commissioner Mark Cohon in a statement. CAM TUCKER/METRO

The CFL fined Arland Bruce Tuesday for making inappropriate comments about openly gay football player Michael Sam. THE CANADIAN PRESS FILE

Did you know?

4%

A Pew Research survey last year of lesbian, gay, bisexual and transgender adults in the U.S. found that just four per cent saw pro sports leagues as friendly toward LGBT people, while 59 per cent saw the leagues as unfriendly and 36 per cent as neutral.

Gay baseball player?

Girardi: MLB ready

Yankees manager Joe Girardi says Major League Baseball would accept an openly gay player.

Speaking Tuesday at Yankee Stadium, Girardi says "I think our world has adjusted to that." He thinks players just want to win and he says "whoever the best players are in that clubhouse, get them in there."

THE ASSOCIATED PRESS

MLB

Tanaka touches down in New York

Masahiro Tanaka was introduced by the Yankees on Tuesday after chartering a Boeing 787 Dreamliner for his trip from Tokyo to New York.

The 25-year-old right-hander agreed Jan. 22 to a $155 million, seven-year contract and stopped in New York for a news conference at Yankee Stadium en route to the team's spring training complex in Tampa, Fla., where workouts start this weekend.

THE ASSOCIATED PRESS

New Yankee Masahiro Tanaka
THE ASSOCIATED PRESS

NBA. Beal's career-high 37 not enough for Wizards

Washington's Bradley Beal seemed to make every shot he took in setting a career high with 37 points. But then, with the game on the line, he struggled down the stretch.

Nick Calathes and Marc scored 18 points each, and the Memphis Grizzlies survived Beal's big night to defeat the Wizards 92-89 on Tuesday night.

Beal finished the night converting 15 of 24 shots, but was unable to connect in the closing minutes. He missed five of his last six shots, including a 21-footer with 12.9 seconds left that would have tied the game.

"The past few games, I was too worried about my defender," Beal said. "As soon as I saw the first couple go in, it was a wrap after that. My confidence was high, and I just kept shooting the ball the same way every time.

"I was having fun."

Zach Randolph split two free throws with 11.5 seconds left to give the Grizzlies the 92-89 lead. John Wall's 3-pointer for the tie with about one second left rattled around before popping out, giving Memphis the win.

"We were supposed to hand it back to John," Wizards coach Randy Wittman said of the final play. "Bradley was going to flare for a three, but we didn't get the hand off back to John."

Randolph, Courtney Lee and James Johnson scored 13 apiece for Memphis, and Randolph grabbed 10 rebounds. Calathes, who started his sixth straight game because of an ankle injury to starting point guard Mike Conley, also had six assists for the Grizzlies. THE ASSOCIATED PRESS

THERE'S A REASON CIVIC IS THE BEST SELLING CAR IN CANADA.

ACTUALLY, THERE'S A LOT OF REASONS:

2014 CIVIC DX

Lease for

$88* 2.99% APR‡
$0 down

for 60 months.
MSRP** $17,185** includes freight & PDI.

Model shown: FB2E2EEX

THE BEST JUST GOT BETTER. AVAILABLE NEW 2014 FEATURES INCLUDE:

- LANEWATCH™ BLIND SPOT DISPLAY
- CONTINUOUSLY VARIABLE TRANSMISSION (CVT) WITH IMPROVED FUEL ECONOMY
- DISPLAY AUDIO SYSTEM WITH HONDALINK™
- PROXIMITY KEY ENTRY SYSTEM WITH PUSH BUTTON START

2014 ACCORD LX

Lease for

$139Ω 2.99% APR‡
$0 down

for 60 months.
MSRP $25,685** includes freight & PDI.

Model shown: CR2E3EE

2014 FIT DX

Lease for

$81£ 1.99% APR€
$0 down

for 60 months.
MSRP $16,130** includes freight & PDI.

Model shown: GE8G2EEX

bchonda.com

HONDA

#Limited time lease offer based on a new 2014 Civic DX model FB2E2EEX. *2.99% lease APR for 60 months O.A.C. Bi-weekly payment, including freight and PDI, is $87.64. Down payment of $0.00, first bi-weekly payment, environmental fees and $0 security deposit due at lease inception. Total lease obligation is $11,393.20. Taxes, license, insurance and registration are extra. 120,000 kilometre allowance; charge of $0.12/km for excess kilometer. ΩLimited time lease offer based on a new 2014 Accord model CR2E3EE. ¥2.99% lease APR for 60 months O.A.C. Bi-weekly payment, including freight and PDI, is $139.05. Downpayment of $0.00, first bi-weekly payment, environmental fees and $0 security deposit due at lease inception. Total lease obligation is $18,076.50. Taxes, license, insurance and registration are extra. 120,000 kilometre allowance; charge of $0.12/km for excess kilometer. £Limited time lease offer based on a new 2014 Fit DX model GE8G2EEX.€1.99% lease APR for 60 months O.A.C. Bi-weekly payment, including freight and PDI, is $80.56. Downpayment of $0.00, first bi-weekly payment, environmental fees and $0 security deposit due at lease inception. Total lease obligation is $10,472.80. Taxes, license, insurance and registration are extra. 120,000 kilometre allowance; charge of $0.12/km for excess kilometer. **MSRP is $17,185 / $25,685/ $16,130 including freight and PDI of $1,495 / $1,695 / $1,495 based on a new a 2014 Civic DX model FB2E2EEX / 2014 Accord LX model CR2E3EE / 2014 Fit DX model GE8G2EEX. PPSA, license, insurance, taxes, and other dealer charges are extra and may be required at the time of purchase. ¥/£/€/Ω/#/* Prices and/or payments shown do not include a PPSA lien registration fee of $30.31 and lien registering agent's fee of $5.25, which are both due at time of delivery. #/*/Ω/€/¥/£/** Offers valid from February 1st through 28th, 2014 at participating Honda retailers. Dealer may sell for less. Dealer trade may be necessary on certain vehicles. Offers valid only for British Columbia residents at BC Honda Dealers locations. Offers subject to change or cancellation without notice. Terms and conditions apply. Visit www.bchonda.com or see your Honda retailer for full details.

Give in to the tempting Tundra

PHOTO: WHEELBASEMEDIA.COM

Review. New styling for a familiar truck that's about as American as it gets

MALCOLM GUNN
wheelbasemedia.com

A truck that's styled in California, engineered in Michigan and assembled in Texas sounds as North American as any pickup on the road.

The fact that the 2014 Tundra wears a Toyota badge should be of little consequence in the global scheme of things.

Ultimately all that really matters is if it can competently and reliably do the job. Although Toyota is a major player in the mid-size pickup category, it has had a tougher time gaining traction in the full-size arena, where brand loyalty runs deep. Ford, General Motors and Chrysler continue to make major improvements in their respective haulers, in styling appeal, increased brute strength and lower operating costs through improved fuel economy. And don't forget that their heavy-duty truck counterparts have no real competition.

That level of brand intensity has pretty much relegated Toyota to the rear of the pickup pack (although ahead of Nissan with its aging Titan). Still, the Tundra has earned plenty of respect for its overall superior build quality and towing/hauling competency and has been staunchly supported by Toyota loyalists since its 2007 model-year launch. Those folks in particular should find plenty to like about the 2014 Tundra's facelift and general updating. The 22.2-inch-deep (56 centimetres) cargo bed is also new, as is the lockable tailgate with integrated spoiler.

Toyota has installed a new instrument panel with easier-to-read gauges and an improved multi-information screen. The audio and ventilation work-glove-friendly control knobs are now within closer proximity to the driver's reach. Toyota's designers reshaped the front and fold-up rear seats (new to four-door CrewMax versions) for greater comfort and improved ventilation. More sound-deadening materials have been added for a quieter cabin. Additionally, either bench or bucket seats can be had in both extended-cab and CrewMax models. A bench seat is standard with regular-cab Tundras.

Toyota has updated the suspension for a more compliant ride and has also tinkered with the steering for improved straight-line stability. Available on the SR Double Cab 4x4 and standard on all other Tundras, including the 4x2 and 4x4 SR regular-cab long bed, 4x4 SR5 and Limited Double Cab and four-door CrewMax trucks, is a 5.7-litre V8 that's rated at 381 horsepower and 401 pound-feet of torque.

The 5.7 is also standard with the CrewMax Platinum and new 1794 Edition CrewMax. A six-speed automatic transmission is installed on all Tundras,

Base SR regular-cab models, priced at $28,600, come with air conditioning, a 6.1-inch (15.5-centimetre) touch-screen display with Bluetooth wireless networking and a backup camera. Adding more doors to the cab automatically gets you more, although many of those standard features can be added to regular-cab models by choosing the SR5 or Limited Packages. The Platinum includes perforated diamond-pleated leather seats (heated and cooled in front) and a 12-speaker touch-screen audio/navigation system.

The 1794 Edition — named for the Texas ranch where the Tundra plant is located, which was founded in that year — adds leather seats with suede inserts and more shine. Ultimately, it won't be an easy ride for Toyota's full-size pickup in gaining ground on the competition. But the Tundra's reputation for strength and bulletproof reliability should continue tempting buyers looking for something that's outside the traditional box.

Compare

1 Ford F-150
Base price: $25,000

2 GMC Sierra 1500
Base price: $28,650

2014 Toyota Tundra

- **Type.** Two-/four-door, rear-/four-wheel-drive full-size pickup
- **Engines (hp)** 1. 4.6-litre DOHC V8 (310); 5.7-litre DOHC V8 (381)
- **Transmissions.** Six-speed automatic
- **Base price (incl. destination).** $28,600

Design

Visually, the grille is more aggressively styled and conveys an obvious sense of power. Other changes include a new hood along with three-piece front and rear bumpers (said to reduce replacement costs in the event of a crash) and squared-off fenders and wheel openings.

Fuel Economy

Virtually unchanged for 2014 are the Tundra's two powertrains. The 4x2 and 4x4 SR Double Cab models come with a 310-horsepower 4.6-litre V8. With a 14.2 l/100 km rating in the city and 10.5 on the highway (4x2 versions), the 4.6 is likely the most economical choice.

*Limited time 2.9% semi-monthly lease offered through Toyota Financial Services on approved credit to qualified retail customers on all new 2014 Corolla models. First semi-monthly payment due at lease inception and next semi-monthly payment due approximately 15 days later and semi-monthly thereafter throughout the term. Toyota Financial Services will waive the final semi-monthly payment. Semi-monthly lease offers not open to employees of Toyota Canada, Toyota Financial Services or TMMC/TMMC Vehicle Purchase Plan. Some conditions apply. See your Toyota dealer for complete details. Example (applies across Canada except Quebec): 2014 Corolla CE 6M with a vehicle price of $16,415 (includes $1,100 Toyota Canada Lease Assist, which is deducted from the negotiated selling price after taxes, and $1,520 freight/PDI) leased at 2.9% over 60 months with $0 down payment equals 120 semi-monthly payments of $89 with a cost of borrowing of $1,735.85 and a total obligation of $12,369.05. $0 security deposit and first semi-monthly payment due at lease inception. Price and total obligation exclude license, insurance, registration, fees and taxes. 100,000 km allowance for 60 months, with ability to purchase additional kilometres at $0.05/km at time of lease inception, and a charge of $0.07/km for excess kilometres. Dealer may lease for less. †Toyota semi-monthly lease program available on 48 month and 60 month terms. Toyota semi-monthly lease program based on 24 payments per year, on a 60-month lease, equals 120 payments, with the final 120th payment waived by Toyota Financial Services. Competitive bi-weekly lease programs based on 26 payments per year, on a 60-month lease, equals 130 payments.

Last gen Grand Cherokee fairly solid, reliable

Second gear.
2005-2010
Jeep Grand
Cherokee

JUSTIN
PRITCHARD
drive@metronews.ca

All Grand Cherokees were five-door, family-ready utility vehicles that offered numerous powertrain options and four-wheel drive to help navigate a slew of Canadian driving conditions. Most models focused on off-road prowess and proven capability when the going got nasty.

With a transfer-case and low-range gearing, this 4x4 was a "Trail-Rated" ute that could climb rocks, sling slop and crawl up and down steep grades with a smile on its face. It was also available with a turbodiesel engine—making it well suited to high-efficiency towing and off-road duty.

Look for the last-generation Grand Cherokee with features like a hard-drive based premium audio system, full multimedia connectivity, automatic headlights, automatic climate control, heated leather seating with memory, navigation, and more. All units were five-seaters

Common issues

A full check beneath the vehicle is crucial. Observe the underside for signs of leaks, dents, excessive rust or holes. Ask a mechanic to pay special attention to the transfer case and differentials, scanning for any signs of fluid leakage. Test-drivers should ensure the Grand Cherokee they're considering shifts smoothly and without any undue noise or slippage, and look for a model with service records indicating all transmission maintenance is up to date. If the transmission on the Grand Cherokee you're considering 'bangs' into gear while upshifting, make double sure to have the problem inspected before purchase. Additionally, ensure the Grand Cherokee you're considering switches between its 4-low and 4-high modes as described in the owner's manual. A rough idle or 'missing' sensation during acceleration, possibly accompanied by a "Check Engine" light, could be caused by a faulty sensor or engine computer. Consider this machine a great candidate for a pre-purchase computer system scan. Problems with axles and differentials aren't unheard of, though it's unclear how widespread they are. Clicking, whining or grinding sounds from beneath the vehicle at lower speeds, especially during turns, could indicate a worn-out differential or similar problem.

PHOTO: TORSTAR NEWS SERVICE

What owners like

Owners tend to rate the ride quality, confidence, safety and all-weather, all-terrain operation of their Grand Cherokees the most favorably. Many also like the upgraded stereo system and xenon lighting on the higher-end "Overland" model.

What owners dislike

Common complaints deal with fuel consumption, less-than-expected interior space, some awkward placement to several controls and limited rear-seat legroom. Owners of models with the standard V6 wish for more power, too.

Engine

Initially standard was Chrysler's 3.7 litre V6 with 210 horsepower. A 4.7 litre V8 was also available, with 235 ponies. The 5.7 litre HEMI V8 hit the scene from 2007 with a 357-horsepower punch. The three-litre Mercedes-Benz turbodiesel engine came online this year too — serving up fantastic fuel mileage and locomotive levels of torque.

The verdict

Where capability, selection and performance are concerned, a healthy, mechanically-approved model with a healthy electronics system shouldn't disappoint.

GUARANTEED AUTO APPROVAL!

If you have recently been.....

- Divorced
- Self Employed
- Bankruptcy
- Repossession
- Collections
- Late payments

We can help make things right!

I know bad things can happen to good people. You deserve a 2nd chance! Call Darcy, today!
1-877-810-8649

ALL MAKES AND MODELS
LANGLEYAUTOLOANS.COM

DL#C3916 and *O.A.C *Some conditions required.

Horoscopes

♈ Aries
March 21 - April 20
Everyone expects you to be happy-go-lucky and most of the time you are, but something has been worrying you beyond belief in recent weeks. It's time to get over it.

♉ Taurus
April 21 - May 21
You don't find it easy to let others make decisions for you but today you are advised to put yourself in other people's hands and let them call the shots. The planets indicate you won't lose a thing.

♊ Gemini
May 22 - June 21
It's time to get serious about your ambitions. The winds of fate can blow you only so far. Once you reach a certain point, you have to get ahead on your own. Go for it!

♋ Cancer
June 22 - July 23
What others don't want you to know is exactly what you need to know right now, so start asking questions and don't stop until you have found answers that make sense.

♌ Leo
July 24 - Aug. 23
You must deal with a money worry you have been doing your best to ignore. Now that Mercury is about to move back into your opposite sign, you will have to be totally honest with yourself.

♍ Virgo
Aug. 24 - Sept. 23
You may not see eye-to-eye with a certain individual but you can reach a compromise that satisfies you both. It's quite possible to be allies in some areas and rivals in others, even though you may never be friends.

♎ Libra
Sept. 24 - Oct. 23
According to the planets you must choose a route and stick with it today. If you don't, it may be several more weeks before you get the chance to regain control of your affairs.

♏ Scorpio
Oct. 24 - Nov. 22
All things are possible for those born under the sign of the Scorpion but you still need to be clear about what it is you want and committed to getting it. Reaffirm your desires today.

♐ Sagittarius
Nov. 23 - Dec. 21
Put petty arguments behind you and move forward together again. Cosmic activity in the domestic sector of your chart makes it easy to kiss and make up today. Tomorrow it may be too late.

♑ Capricorn
Dec. 22 - Jan. 20
Something you see or hear on your travels could be just what you've been waiting for. Even if it isn't, it will still be a lot of fun and fun is something that has been lacking of late.

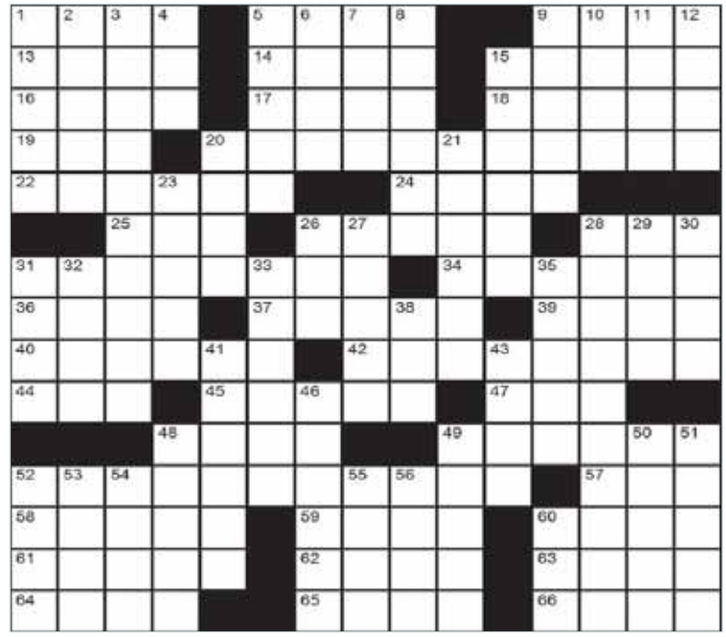
♒ Aquarius
Jan. 21 - Feb. 19
You must be positive and professional today, because the face you show the world over the next 24 hours is the one they will remember for the next few weeks. Show important people how determined you are.

♓ Pisces
Feb. 20 - March 20
Start making moves that will get you noticed. Even if you prefer to stay in the background, you will have to give part of yourself over to the public domain. SALLY BROMPTON

Crossword: Canada Across and Down

See today's answers at metronews.ca/answers.

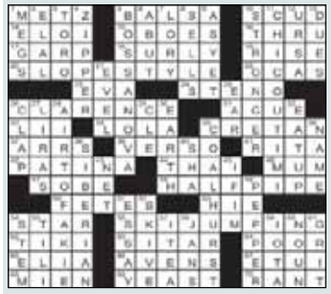
BY KELLY ANN BUCHANAN



Across
1. Tire going flat sound
5. Rhyming scheme
9. SOCHI 2014 - Sport-on-a-sled
13. Street
14. Hope __ Hospital, on CTV's "Saving Hope"
15. More lenient
16. Liturgical vestments
17. Jog
18. Once Time link: 2 wds.
19. Golfer Michelle
20. SOCHI 2014 - Pairs Figure Skating move: 2 wds.
22. SOCHI 2014 - __ Combined
24. Mr. Musk
25. Pistol
26. __. Assistant
28. Kit __
31. Toronto office building, Bay __ Centre; or, city in Australia
34. Rene's songstress wife
36. So longs
37. Jack of "Twin Peaks"
39. Gr.
40. Singer John
42. Guessed
44. Energy unit
45. An archangel
47. __ _ lark
48. James or Scott
49. Unlocked
52. SOCHI 2014 - Athletes pack their bags upon positive results from them: 2 wds.
57. Actress Sandra
58. Croissant shape [abbr.]
59. Cole Porter's "Well, Did You __?"
60. Land unit
61. Vivian of "I Love Lucy"
62. Sportswear brand
63. Proper's pal
64. Go __ detail
65. Highway-crossing animal
66. Caustics

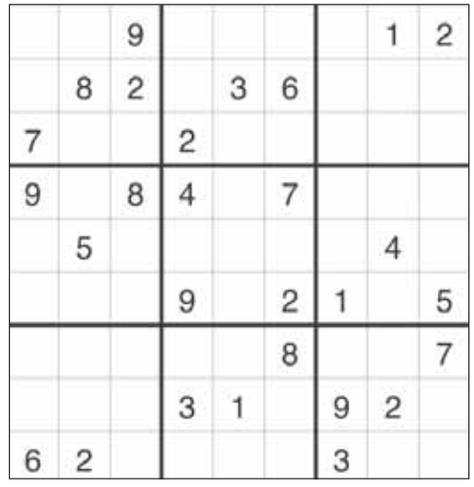
Down
1. Spot __ (British Columbia shrimp)
2.First __ (Shakespeare's 1623 plays collection)
3. Jewel-encrusted Russian treasure: 2 wds.
4. Canadian banks, e.g.
5. Empire of Mexico
6. Broadcast, __ _ show
7. Charge
8. SOCHI 2014 - National __ (Gold-getter's tune)
9. Rabbit: French
10. Wife: Latin
11. Actress, __ Lee Nolin
12. 'Fed' suffix (Government-related)
15. Broadway star Patti
20. Ms. Lohan, Show-biz parent
21. One cutting the tomato
23. Edible seaweed
26. US teeth docs org.
27. Crowded
28. SOCHI 2014 - Area where figure skaters wait for their scores: 3 wds.
29. L'__ aux Meadows
30. Mind
31. Fit
32. Cloth hue's changer
33. "Tootsie" (1982) ...how Dustin Hoffman appeared: 2 wds.
35. Pure __ (Wool garment tag)
38. __-de-sac
41. Subtlety
43. Cleans the floors
46. Mean
48. The __ Kid (Westerns character)
49. Significant __ (Special someone)
50. Supernaturally strange
51. Regards
52. Nero's 606
53. Port city of Algeria
54. Cooped up
55. Songstress Ms. Sands
56. Purpose
60. Fergie's bandmate, __.de.ap

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

7	6	9	2	4	1	8	5	3
3	2	1	9	5	8	6	7	4
4	5	8	7	6	3	2	9	1
6	8	2	5	3	9	1	4	7
1	4	3	8	2	7	9	6	5
9	7	5	4	1	6	3	8	2
2	1	7	6	9	4	5	3	8
5	9	4	3	8	2	7	1	6
8	3	6	1	7	5	4	2	9

EVER FOREX
BEST EXCHANGE RATES GUARANTEED!
• Money Exchange
• Worldwide Money Transfer
• 24*7 Online Trading
Live Rates: everforex.ca • Toll Free: 1 800 699 4816
LOCATIONS IN VANCOUVER, RICHMOND, BURNABY, SURREY, MARKHAM, TORONTO & WORLDWIDE

skilled immigrant infocentre
Vancouver Public Library Central Library
350 West Georgia Street
Phone: 604-331-3624
Web: skilledimmigrants.vpl.ca
Employment information for career decisions
A free service for immigrants to British Columbia
Vancouver Public Library
We acknowledge the financial support of the Province of British Columbia through the Ministry of Education
Canada
Funded by the Government of Canada's Foreign Credential Recognition Program

FLIGHT CENTRE®

The Airfare Experts

All advertised prices include taxes & fees.

Escape the winter blues with these hot deals!

Let our Airfare Experts plan your getaway.

Flights

Honolulu

$479 from

Travel Mar 6 - Mar 12

Business class from $2739.

	Economy from	Business from
Los Angeles Travel Mar 26 - Apr 3	$315	$1149
Las Vegas Travel Mar 11 - Mar 18	$329	$1309
Toronto Travel Mar 5 - Mar 12	$529	$2475
New York Travel Mar 12 - Mar 19	$549	$2749
London Travel Feb 18 - Feb 27	$855	$4955
Hong Kong Travel Mar 6 - Mar 20	$959	$3419
Dubai Travel Apr 8 - Apr 23	$1099	$4589
Sydney Travel Mar 25 - Apr 9	$1465	$4715

Sun Destination Flights

Cancun

$485 from

Travel Mar 4 - Mar 11

Los Cabos Travel Mar 4 - Mar 11	from $499
Puerto Vallarta Travel Mar 4 - Mar 12	from $499
Costa Rica Travel Mar 11 - Mar 18	from $765

Want peace of mind & great service? Book your vacation with us.

Air Canada Flights

Miami

$575 from

Travel Apr 1 - Apr 8

Calgary Travel Jun 3 - Jun 10	from $409
Maui Travel Apr 3 - Apr 15	from $465
San Francisco Travel Apr 1 - Apr 8	from $619
Montreal Travel Mar 19 - Mar 26	from $669
Halifax Travel Mar 18 - Mar 25	from $779

Air Canada Offer

Receive a FREE* Meal Voucher

Purchase select roundtrip Air Canada domestic or USA flights and receive a free meal/drink voucher. Conditions apply.

Multi-city Flights

Hawaii

$799 from

Travel Apr 1 - Apr 15

Vancouver – Honolulu – Maui – Vancouver

Florida Travel Apr 2 - Apr 23 Vancouver – Miami – Key West – Orlando – Vancouver	from $949
Asia Travel Mar 24 - Apr 21 Vancouver – Hong Kong – Singapore – Delhi – Tokyo – Vancouver	from $1945
Australia & New Zealand Travel Apr 2 - Apr 30 Vancouver – Auckland – Christchurch – Melbourne – Sydney – Vancouver	from $2579

All-inclusive Packages

Riviera Nayarit

7 Nights 4-Star

$1019 from

UPGRADE to 4.5-star accom from $1049.

Riviera Maya 6 Nights 4.5-Star	from $1035
Varadero 6 Nights 4-Star	from $1125
Puerto Vallarta 7 Nights 4-Star	from $1179

Flights & Cruise

Panama Canal

Flights + 2 Nights + 15-Night Cruise

$1809 from

INCLUDES flights, Miami beachfront accom and cruise sailing Miami to Los Angeles visiting Cartagena (Colombia), Puntarenas (Costa Rica), Puerto Chiapas (Mexico), Huatulco (Mexico), Puerto Vallarta and San Diego.

Tropical Vacations

Costa Rica

Flights + 7-Day Car

$949 from

INCLUDES 7-day car rental with unlimited mileage.

Oahu & Kauai Flights + 7 Nights **INCLUDES** all flights, 3 nights Waikiki accom and 4 nights Kauai accom.	from $1065
St Petersburg, FL Long Stay, Flights + 21 Nights **INCLUDES** central accom near attractions. **BONUS** daily breakfast included. **ADD** 21-day car rental from $499.	from $1279

USA

Las Vegas

Flights + 3 Nights 4-Star + Cirque du Soleil™ Tickets[Ω]

$489 from

INCLUDES 4-star accom on the Strip. **BONUS** tickets to a Cirque du Soleil™ or other top rated shows included[Ω]. **UPGRADE** to 5-star accom from $585.

Anaheim Family Special

Flights + 4 Nights from $399[◊]

INCLUDES accom near theme parks. Price per person based on family of 4. **BOOK** this package based on double occupancy from $479.

LOWEST AIRFARE GUARANTEE
We will beat any airfare quote or you fly free!

flightcentre.ca More great deals online!

Visit us in store. 170 stores across Canada.

1 877 513 5444 950 Airfare Experts across Canada.

*Conditions apply. Ex: Vancouver. ‡Ex: Bellingham. All advertised prices include taxes & fees. Air only prices are per person for return travel unless otherwise stated. Package, cruise, tour, rail & hotel prices are per person, based on double occupancy for total length of stay unless otherwise stated. All-inclusive vacations include air. pp=per person. Prices are for select departure dates and are accurate and subject to availability at advertising deadline, errors and omissions excepted, and subject to change. Taxes & fees include transportation related fees, GST/HST and fuel supplements and are approximate and subject to change. ◊Price is per person for quad occupancy (2 adults & 2 kids ages 2-17) for total length of stay unless otherwise stated. ΩConditions apply. For full details visit flightcentre.ca/enquiry/travel-enquiry/vegas . Offer expires Feb 20, 2014. *Limit one (1) voucher per person. Valid on new Air Canada bookings only made in-store at Flight Centre locations in Canada. Valid for travel anytime. Not valid on bookings made at www.flightcentre.ca. Only valid on select Canadian or USA destinations where meal service is offered on the flight, ask your Flight Centre consultant for applicable flights. Flight must be operated by Air Canada. Not valid on codeshare flights, group bookings or child & infant fares. Not combinable with any other offers, discounts or promotions unless otherwise specified. Discount not valid with Air Canada Vacations. Offer may be withdrawn at anytime without notice. Additional restrictions may apply, speak with your Flight Centre consultant. Offer expires Feb 28, 2014. †We will beat any written quoted airfare by $1 and give you a $20 voucher for future travel. **Fly Free" offer applies only where all "Lowest Airfare Guarantee" criteria are met but Flight Centre does not beat quoted price. Additional important conditions apply. For full terms and conditions visit www.flightcentre.ca/lowestairfareguarantee-flyfree. BC REG: #H02790*